

# Connecting with your Preschooler Program

Ages 3-6  
The Women's Resource Centre



Come learn and practice positive affirmations, stress reduction and communication skills for both moms and little ones.

Activities in identifying emotions and feelings that your preschooler expresses

Every Thursday  
10:30 am - 12:00 pm  
January 19th - March 22nd

... Story books, songs, and crafts

Each week builds on a take home kit full of fun, positive, affectionate things to do with your preschoolers!

The Women's Resource Centre  
800 Rosser Ave, In the Town Centre  
Contact Chelsea for registration  
204-726-8632

Registration is not a requirement to attend, but would be greatly appreciated.

Thank you to Brandon Area Community Foundation for the support on this project!



United Way  
BRANDON & DISTRICT

