



JOIN OUR TEAM

**BECOME A DSIA
YOUTH FACILITATOR**

RECEIVE **FREE** TRAINING IN SUICIDE PREVENTION
& MENTAL HEALTH PROMOTION

LEARN HOW TO ENGAGE YOUTH AND FACILITATE A
YOUTH PROGRAM

SUPPORT YOUTH IN YOUR COMMUNITY TO
BECOME AWARE OF SUICIDE PREVENTION &
MENTAL HEALTH PROMOTION

OPPORTUNITY TO LEARN GROUP FACILITATION
SKILLS

MENTORSHIP OPPORTUNITIES WITH ELDERS &
EXPERIENCED FACILITATORS

Learn How...

**'PROMOTING
MENTAL HEALTH
MEANS
PROMOTING THE
BEST OF
OURSELVES.'**

Daughter Spirit in Action is a National Aboriginal Suicide Prevention Strategy (NAYSPS), demonstration project. The program has been piloted in Manitoba, with an advisory committee consisting of 6 female youth and 2 Elders. The emphasis of the program is on mental health promotion anchored by culture and Elder mentorship. This mental health promotion approach will illustrate how long-term positive programming will help reduce Aboriginal suicide attempts and suicide completions.

APPLICATION REQUIREMENTS:

- Must be between the ages of 15-29
- 2 Reference Letters
- 350 Word Letter of Interest

PLEASE SEND ALL APPLICATIONS TO:

Jade Harper, Manitoba Liaison at jharper@nwac.ca

OR Mail to;

Native Women's Association of Canada
1 Nicholas Street, 9th Floor
Ottawa, ON K1N 7B7

What is the Native Women's Association of Canada's (NWAC) Daughter Spirit in Action (DSIA) project?

The DSIA project is a supportive mental health promotion training program for youth and Elders.

Who should join the DSIA?

Dedicated Aboriginal youth and Elders who would like to learn more about mental health promotion and suicide prevention. Join the DSIA if you are interested in working with the DSIA to promote positive mental health in your community.

What's in it for you?

Volunteers will receive professional certified training to prepare them for facilitating MHP sessions in their community. Volunteers are required to complete at least 10 community sessions and in return will receive an official certificate of appreciation from NWAC, and a letter of reference signed by NWAC's President. And best of all, they will gain knowledge, confidence, and insight, with specialized expertise to add to their resume

Expectations

NWAC recognizes the important contributions that volunteers make to the organization and want to ensure that a respectful relationship starts from the beginning.

DSIA members can expect NWAC will:

- ✓ Maintain communication with volunteers and provide regular updates and opportunities
 - ✓ Be available to answer questions, offer support and guidance for initiatives related to DSIA
- ✓ Be respectful and mindful of different views and backgrounds
- ✓ Adhere to privacy laws and maintain confidentiality of volunteers

NWAC expects that DSIA members will:

- ✓ Participate in youth initiatives and programs
- ✓ Maintain confidentiality policy and adhere to Volunteer Contract, Guiding Principles and Code of Conduct
- ✓ Be respectful and mindful of different views and backgrounds
 - ✓ Maintain integrity and reliability
- ✓ Undergo a Criminal Record and a Child Abuse Registry Check

Expectations should NOT include:

- ✓ Requests for funds

2011-2012: Currently recruiting Youth from Ontario, Saskatchewan & Manitoba

DEADLINE FOR APPLICATIONS: FRIDAY, SEPTEMBER 2, 2011