

## Academic Self-Efficacy

### *Definition*

Academic self-efficacy can be defined as a person's confidence in their abilities to be successful in performing academic tasks (Schunk, 1991). Self-efficacy beliefs for academic tasks have been shown to be related to individuals' academic performance and persistence in school (Gore, 2006). Furthermore, academic self-efficacy beliefs influence key aspects of academic motivation, such as level of effort, choice of activities, and persistence in academic and social tasks (Zimmerman, 2000).

### *Special Notes*

It should be noted that this scale is not an indication of whether the respondent has engaged in the scenarios in each question, but rather their own *belief* to do so.

### *Related Indicators*

- Self-Concept
- Individual Self-Esteem
- Collective Self-Esteem
- Social Competence
- Social Self-Efficacy
- Emotional Self-Efficacy
- Attitudes Toward School
- School Membership
- School Engagement
- Teacher Self-Efficacy

***Self-Efficacy Questionnaire for Children (SEQ-C)***

Please circle the answer that best shows how well you can do each of the following on the continuum from:

1 = Not at All to 5 = Very Well:

1.	How well can you get teachers to help you when you get stuck on schoolwork?	Not At All 1	2	3	4	Very Well 5
2.	How well can you study when there are other interesting things to do?	Not At All 1	2	3	4	Very Well 5
3.	How well can you study a chapter for a test?	Not At All 1	2	3	4	Very Well 5
4.	How well do you succeed in finishing all your homework every day?	Not At All 1	2	3	4	Very Well 5
5.	How well can you pay attention during every class?	Not At All 1	2	3	4	Very Well 5
6.	How well do you succeed in understanding all subjects in school?	Not At All 1	2	3	4	Very Well 5
7.	How well do you succeed in satisfying your parents with your schoolwork?	Not At All 1	2	3	4	Very Well 5
8.	How well do you succeed in passing a test?	Not At All 1	2	3	4	Very Well 5

Source: Muris, 2001.