

## Collective Self-Esteem

### *Definition*

Social identity can derive from a variety of group memberships (e.g., race, gender). Social identity refers to how individuals view the social groups to which they belong to (Luhtanen & Crocker, 1992). In other words, a person's collective self-esteem is one's view of the social group (racial/ethnic group) to which they belong. It has been shown to be related to positive mental health such as life satisfaction and well-being (Mokgatlhe & Schoeman, 1998).

### *Scoring Guidelines*

The four subscales are as follows:

1. Membership Self-Esteem = Items 1, 5, 9, 13
2. Private Collective Self-Esteem = Items 2, 6, 10, 14
3. Public Collective Self-Esteem = Items 3, 7, 11, 15
4. Importance to Identity = Items 4, 8, 12, 16

Reverse-score answers to items 2, 4, 5, 7, 10, 12, 13, and 15, such that (1 = 7), (2 = 6), (3 = 5), (4 = 4), (5 = 3), (6 = 2), (7 = 1). Then sum the answers to the four items for each respective subscale score and divide each by 4.

### *Related Indicators*

- Individual Self-Esteem
- Self-Concept
- Social Self-Efficacy
- Emotional Self-Efficacy
- Social Competence
- Resilience

**Collective Self-Esteem**

Please read each statement carefully, and circle your answer based on how much you agree or disagree by using the following scale from:

1 = Strongly Disagree; 2 = Disagree; 3 = Disagree Somewhat; 4 = Neutral; 5 = Agree Somewhat; 6= Agree; 7 = Strongly Agree

*Note:* **Bolded** items are reverse coded.

1.	I am a worthy member of the groups I belong to.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
2.	<b>I often regret that I belong to some of the social groups I do.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
3.	Overall, my social groups are considered good by others.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
4.	<b>Overall, my group memberships have very little to do with how I feel about myself.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
5.	<b>I feel I don't have much to offer to the social groups I belong to.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
6.	In general, I'm glad to be a member of the social groups I belong to.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
7.	<b>Most people consider my social groups to be more effective than other groups.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
8.	The social groups I belong to are an important reflection of who I am.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7

9.	I am a cooperative participant in the social groups I belong to.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
10.	<b>Overall, I often feel that the social groups of which I am a member are not worthwhile.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
11.	In general, others respect the social groups that I am a member of.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
12.	<b>The social groups I belong to are unimportant to my sense of what kind of a person I am.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
13.	<b>I often feel I'm a useless member of my social groups.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
14.	I feel good about the social groups I belong to.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
15.	<b>In general, others think that the social groups I am a member of are unworthy.</b>	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7
16.	In general, belonging to social groups is an important part of my self-image.	Strongly Disagree 1	Disagree 2	Disagree Somewhat 3	Neutral 4	Agree Somewhat 5	Agree 6	Strongly Agree 7

Source: Luhtanen & Crocker, 1992.