

Professional Reflections and Goals

****To be reviewed at the start of all placements by the Faculty Supervisor, Teacher Candidate and Cooperating Teacher**

- 1. Goal area and plan to be completed by the end of week 1 during your placement.**
- 2. Reflection is due at your summative evaluation meeting.**
- 3. Goal page along with reflection is to accompany the summative evaluation when it is sent in to the Field Experience Office (**For Faculty Supervisors)**
- 4. Summative evaluation and goal sheet may be shared with your next placement (School Administration, Cooperating Teachers & Faculty Supervisors).**

Good teachers constantly reflect on the events of their teaching day. They think about the good moments and the challenging moments, and they formulate personal goals to help improve their “art” so they can be effective and successful in the teaching and learning process. Pre-service teachers should also reflect on their “moments” while they are in field placements. Teacher Candidates should be regularly “unpacking” their lessons.

During your field placement, you should think about the goals that you would like to achieve during your placement and be self-reflective in the process, so you can gauge your personal professional growth. At the beginning of your placement, please decide on a goal or two that you would like to focus on during the practicum. Communicate these goals to your cooperating teacher and your supervisor. Write them down. Reflect on your progress in your journey to meet the goals. Adjust your expectations and challenge yourself throughout the process. Set a time line to help you determine if you are approaching your goal in an appropriate time period. As you meet your goal(s), set new ones and repeat the reflective process.

You are not expected to identify a minimum or maximum number of goals, but you should identify reasonable personal professional goals for the duration of your placement. Use the attached sheet to identify your goals and track your progress. Share your journey with your cooperating teacher and supervisor as they need to be aware of your goals and know that you are engaging in self-reflection. Be aware of the time frame in #1 & 2.

As you begin, here is a list of possibilities (it is not exhaustive) to consider when you think about goal setting in your pre-service teaching. You do not have to focus on any one of these ideas, but these are suggested areas that reflect on good teaching practices:

- Classroom management
- Daily lesson planning
- Unit planning and seeing the big picture
- Rapport with students
- Interaction with colleagues
- Communication skills
- Evaluation and assessment techniques (for, of, and as learning)
- Curriculum knowledge
- Selection of a variety of tasks to engage student learning
- Questioning techniques
- Technology (Smart Board, Presentations, etc.)
- Communication with Parents
- Creativity
- Organizational Skills
- Evaluation and Assessment
- Growth Mindset
- Student Praise (language used)
- Other

Teacher Candidate: _____ Field Experience Course Number: _____

School: _____

Grade/Subject: _____

Goal Area (refer to list)	Action Plan (What I will do to meet goals)	Resources Needed (people/books /internet/etc)	Time Frame (how long)	Reflections/Unpack Your Experience To be completed prior to summative evaluation (Did I meet my goals? Why /Why not?)