

PLEASE PRINT CLEARLY

First & Last Name: _____
 Student Number: _____
 Email: _____
 Address*: _____



Success1 Workshop Series

The Success1 Workshop Series provides academic and life skills that are essential for student success! Workshops are geared towards first-year students; however, any Brandon University student is welcome to attend.

There are no fees to attend the workshops and seating is available on a first-come, first-served basis!

Step 1: Attend six or more workshops (schedule located on the back of this page) and earn a Success1 Certificate!

Step 2: At the end of each workshop, please have the Instructor sign or initial next to the topic area.

Step 3: Once you have attended six or more workshops, drop off your completed worksheet at Student Services – Room 102 in the A.E. McKenzie Building. Worksheets are due by **Tuesday, December 11, 2018** at 4:30pm.

Step 4: *Certificates will be mailed out in January 2019.

WORKSHOPS	INSTRUCTOR SIGNATURE
<i>PRO-TIP: Add the workshop titles, times + locations to your calendar/smartphone + set a reminder!</i>	
<i>Make sure workshops do not conflict with your class schedule!</i>	
Writing Skills:	
Writing Skills:	
Writing Skills:	
Writing Skills:	
Learning Skills:	
Learning Skills:	
Learning Skills:	
Learning Skills:	
Learning Skills:	
Wellness:	
Wellness:	
Wellness:	
Wellness:	
Career Planning:	
Career Planning:	
Career Planning:	
Career Planning:	
Career Planning:	
Library Workshop:	
Library Workshop:	
Library Workshop:	
Library Workshop:	
Library Workshop:	
Library Workshop:	
Math:	
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OTHER:	
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OTHER:	

Brandon University is committed to accessibility. Please contact us if you require assistance accessing Student Services resources or activities.

Questions or Comments?

Contact: Michelle Bessette, Student Engagement Officer
 Phone: 204-727-7423 or Text: 204-570-1427
 Email: bessettem@brandonu.ca

MATH SKILLS	LEARNING SKILLS	LIBRARY/RESEARCH	WRITING SKILLS
Logarithms and their applications in Chemistry – (4-34 BB)	Get Set for Success Thurs, Sept. 6 10:30 – 11:20 (005 MCK)	Finding Books and E-books Tues, Sept. 11 12:40 – 1:30	Essay Basics – (005 MCK) Wed, Sept. 12 12:40 – 1:30
Thurs, Sept. 6 1:40 – 3:30	Mon, Sept. 10 9:30 – 10:20 (005 MCK)	Wed, Oct. 3 12:40 – 1:30	Thurs, Sept. 13 11:40 – 12:30
Fri, Sept. 7 2:30 – 4:00	Tues, Sept. 11 12:40 – 1:30 (003 MCK)	Fri, Nov. 2 12:40 – 1:30	Mon, Sept. 17 11:40 – 12:30
Fractions/Rational Expressions/ Rational Equations – (1-53 BB)	Tues, Sept. 11 2:00 – 3:00 (005 MCK)	Peer-reviewed Journal Articles Wed, Sept. 19 12:40 – 1:30	Wed, Sept. 26 1:40 – 2:30
Tues, Sept. 11 12:40 – 1:30	Wed, Sept. 12 10:40 – 11:30 (045 HS)	Wed, Sept. 19 12:40 – 1:30	Mon, Oct. 1 10:40 – 11:30
Mean, Median, Mode & Standard Deviation – (1-53 BB)	Making a Study Plan Thurs, Sept. 13 10:30 – 11:20 (005 MCK)	Fri, Oct. 12 12:40 – 1:30	Tues, Oct. 16 11:40 – 12:30
Tues, Sept. 18 12:40 – 1:30	Mon, Sept. 17 9:30 – 10:20 (005 MCK)	Tues, Nov. 20 12:40 – 1:30	Wed, Nov. 7 1:40 – 2:30
Logarithms/Log. Expressions/ Log. Equations – (1-53 BB)	Tues, Sept. 18 12:40 – 1:30 (003 MCK)	Library Databases Fri, Sept. 21 12:40 – 1:30	Grammar – (005 MCK) Wed, Oct. 17 1:40 – 2:30
Tues, Sept. 25 12:40 – 1:30	Tues, Sept. 18 2:00 – 3:00 (005 MCK)	Tues, Oct. 9 12:40 – 1:30	Tues, Oct. 23 11:40 – 12:30
Counting Techniques – (1-53 BB)	Study Skills 101: Textbook Strategies Wed, Sept. 19 10:40 – 11:30 (045 HS)	Wed, Nov. 21 12:40 – 1:30	Wed, Oct. 31 2:40 – 3:30
Tues, Oct. 2 12:40 – 1:30	Thurs, Sept. 20 10:30 – 11:20 (005 MCK)	Google & Google Scholar for Research Tues, Sept. 25 12:40 – 1:30	Mon, Nov. 5 10:40 – 11:30
Probability – (1-53 BB)	Mon, Sept. 24 9:30 – 10:20 (005 MCK)	Fri, Oct. 26 12:40 – 1:30	Citation and Reference Basics – (005 MCK) Tues, Sept. 25 10:10 – 11:00
Tues, Oct. 9 12:40 – 1:30	Tues, Sept. 25 12:40 – 1:30 (003 MCK)	Wed, Nov. 28 12:40 – 1:30	Wed, Oct. 3 12:40 – 1:30
Linear & Quadratic Equations – (1-53 BB)	Tues, Sept. 25 2:00 – 3:00 (005 MCK)	Finding Government Documents Fri, Sept. 28 12:40 – 1:30	Mon, Oct. 22 1:40 – 2:30
Tues, Oct. 16 12:40 – 1:30	Wed, Sept. 26 10:40 – 11:30 (045 HS)	Wed, Oct. 17 12:40 – 1:30	Thurs, Nov. 1 11:40 – 12:30
Exponential Functions/ Exponential Equations (1-53 BB)	Thurs, Sept. 27 10:30 – 11:20 (005 MCK)	Tues, Nov. 27 12:40 – 1:30	Fri, Nov. 9 11:40 – 12:30
Tues, Oct. 23 12:40 – 1:30	Tues, Oct. 2 12:40 – 1:30 (003 MCK)	Research Prep for Fall Study Break Tues, Nov. 6 12:40 – 1:30	Thesis Statements – (005 MCK) Tues, Sept. 18 10:10 – 11:00
Trigonometry – (1-53 BB)	Tues, Oct. 2 2:00 – 3:00 (005 MCK)	Wed, Nov. 7 12:40 – 1:30	Wed, Sept. 26 12:40 – 1:30
Tues, Oct. 30 12:40 – 1:30	Thur, Dec. 6 11:00 – 12:00 (005 MCK)	CAREER PLANNING How to Write Your Resume Wed, Oct. 17 12:40 – 1:30	Fri, Oct. 5 9:30 – 10:20
Hypothesis Testing – (1-53 BB)	Memory Strategies Wed, Oct. 3 10:40 – 11:30 (045 HS)	& Cover Letter – (104 CH) Tues, Sept. 25 12:40 – 1:30	Mon, Oct. 22 1:40 – 2:30
Tues, Nov. 6 12:40 – 1:30	Thurs, Oct. 4 10:30 – 11:20 (005 MCK)	Tues, Nov. 27 12:40 – 1:30	Fri, Oct. 19 10:40 – 11:30
Calculus I – (1-53 BB)	Tues, Oct. 9 12:40 – 1:30 (003 MCK)	Preparing For Your Interview – (104 CH) Wed, Sept. 26 1:40 – 2:30	Wed, Oct. 31 1:40 – 2:30
Tues, Nov. 20 12:40 – 1:30	Tues, Oct. 9 2:00 – 3:00 (005 MCK)	Wed, Nov. 28 1:40 – 2:30	WELLNESS Managing Anxiety Series (005 MCK): Test Anxiety 1 – (005 MCK)
Two Sample Test for Mean & Proportions – (1-53 BB)	Strategies for Success Wed, Oct. 10 10:40 – 11:30 (045 HS)	Finding Your Permanent/Summer Job – (104 CH) Wed, Oct. 10 1:40 – 2:30	Thurs, Oct. 11 10:40 – 11:30
Tues, Nov. 27 12:40 – 1:30	Tues, Nov. 6 12:40 – 1:30 (005 MCK)	Planning Your Career – (104 CH) Wed, Oct. 17 1:40 – 2:30	Test Anxiety 2 – (005 MCK)
Linear Algebra – (1-53 BB)	Wed, Feb. 6 10:40 – 11:30 (005 MCK)	Networking Skills – (104 CH) Tues, Oct. 23 12:40 – 1:30	Thurs, Oct. 18 10:40 – 11:30
Tues, Dec. 4 12:40 – 1:30	Thurs, Feb. 7 10:30 – 11:20 (005 MCK)	Employee Rights in the Workplace – (104 CH) Wed, Oct. 24 1:40 – 2:30	Test Anxiety 3 – (005 MCK)
Introduction to Statistics – (1-53 BB)	Summarizing Strategies Mon, Oct. 22 9:30 – 10:20 (005 MCK)	Creating Your Personal Brand – (104 CH) Tues, Oct. 30 12:40 – 1:30	Thurs, Oct. 25 10:40 – 11:30
Tues, Dec. 11 12:40 – 1:30	Midterm Recovery: You CAN Do This! Mon, Oct. 29 9:30 – 10:20 (005 MCK)	How to Manage Your Online/Social Media Presence – (104 CH) Wed, Oct. 31 1:40 – 2:30	Stop Counting Sheep & Get Some Sleep! Sleep Hygiene – (005 MCK)
	Tues, Nov. 6 2:00 – 3:00 (005 MCK)		Mon, Oct. 29 1:40 – 2:30
	Final Exam Prep Thurs, Dec. 6 10:00 – 11:00 (005 MCK)		Wed, Nov. 21 2:40 – 3:30
			Resilience Skills for Life's Challenges: Resiliency - (005 MCK)
			Wed, Nov. 28 1:40 – 2:40
			3A Toolkit: Awareness, Assessment, Action – (002 MCK)
			Thurs, Oct. 4 3:00 – 4:30
			Thurs, Oct. 11 3:00 – 4:30
			Mon, Nov. 26 3:00 – 4:30
			Mon, Dec. 3 3:00 – 4:30

Workshop Locations:

Library/Research =
Workshops located in the
Convergys Computer Lab,
Library Main Floor

BB = Brodie Building
CH = Clark Hall
MCK = A.E. McKenzie Building
HS = Health Studies Building

**Workshop Schedule is subject to change (changes or additions will be posted on the bulletin board outside Student Services, Rm 102 MCK)*