



A SURVIVAL KIT FOR YOUR STUDENT

Your child is about to attend university this fall. That he or she wants to make it on his/her own is great, but a survival kit from parents is still likely to be appreciated. Here are some things you might want to send with or to your child:

- Large Backpack
- Small first-aid kit
- Pictures of family and friends
- Wall posters
- Family and friends phone numbers
- Family and friends email addresses
- Radio
- Alarm clock
- Telephone
- Prepaid phone cards
- A "Thinking of You" Card!
- Granola Bars
- Newspaper clippings from local paper
- Stamps
- Low fat snacks
- Letters or mail received at home
- Gift Certificates for coffee or fast food
- Movie Coupons
- Lip balm
- Handwarmers
- DVDs
- CDs
- Restaurant gift certificate
- Grocery store gift certificate
- Gift certificate for gasoline
- Microwave popcorn
- Kleenex
- Shampoo
- Toothpaste
- Toothbrushes
- Bar soap
- Deodorant
- Laundry soap
- Laundry hamper
- Ironing board
- Iron
- Money
- Rolls of quarters
- Cookies
- More warm clothes
- Extra gloves, scarf and hat
- Something for his/her roommate
- Linen
- Postage stamps
- Small refrigerator
- Umbrella
- Computer
- Paper
- Pens
- Pencils
- Erasers
- Ziplock Baggies
- Cleaning wipes
- Paper towels
- Small tool kit
- Kettle
- Tea bags
- Hot chocolate