ADMISSION REQUIREMENTS

Please visit the Brandon University undergraduate calendar for all admission requirements.

https://www.brandonu.ca/calendar/

BPES WEBSITE











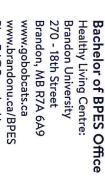
BRANDON

BACHELOR OF PHYSICAL EDUCATION STUDIES

FACULTY OF EDUCATION



EXERCISE SCIENCE AND FITNESS



PhysEd@BrandonU.ca



Educating leaders in:
• Exercise Science &
Fitness

Recreation &
Sport Management

Physical Education



BACHELOR OF PHYSICAL EDUCATION STUDIES (BPES)

The BPES is a three-year undergraduate degree offering three streams of study: Exercise Science & Fitness, Recreation & Sport Management, and Teaching. The BPES provides students with in-depth knowledge of the field of physical education and the fundamental and specialized skills required by Physical Educators, Exercise Science and Health Professionals, Personal Trainers, Coaches, and Sport Administrators.

BPES also offers the opportunity to obtain certification through the following organizations:

- National Coaching Certification Program (NCCP)
- Canadian Society for Exercise Physiology (CSEP)
- Manitoba Fitness Council (MFC)

BPES DEGREE

		STREAMS	S
Core Course	Teaching	Ex Science & Fitness	Recreation & Sport
Fitness Theory and Practice	5	<	<
Foundations of Physical Education	<	<	
Movement and Activities	<		
Organization & Admin I	7		7
Motor Develop-	~		
Health Education	V	V	
Anatomy I	<	~	
Principles of Sport Injuries	7	~	
Fitness Testing and Prescription		7	
Exercise Physiology		~	
Intro to Applied Biomechanics		~	
Foundations of Rec and Leisure			5
Inclusive Physical Activity& Leisure			5
Rec and Community Development			<
Foundations of Coaching			5
Sociology of Sport			4

CAREER POSSIBILITIES

Exercise Science & Fitness

- Sports Medicine
- Graduate School

Physical Therapy

- Research Assistant
- Professional School

Athletic Therapy

Recreational Therapy

Personal Trainer

Recreation & Sport Management

- Recreation Specialist
- Sports Management
- Tourism/Hospitality
- Fundraising/Promotion

Teaching

- Physical Education Teacher
- Educational Administrator
- Activities Leader
- Coaching