



BRANDON UNIVERSITY

BACHELOR OF PHYSICAL EDUCATION STUDIES



RECREATION AND SPORT MANAGEMENT



EXERCISE SCIENCE AND FITNESS



TEACHING



BRANDON UNIVERSITY

BACHELOR OF PHYSICAL EDUCATION STUDIES

FACULTY OF EDUCATION



ADMISSION REQUIREMENTS

Please visit the Brandon University undergraduate calendar for all admission requirements.

<https://www.brandonu.ca/calendar/>

BPES WEBSITE:



Bachelor of BPES Office

Healthy Living Centre:
Brandon University
270 - 18th Street
Brandon, MB R7A 6A9
www.gobobcats.ca
www.brandonu.ca/BPES
PhysEd@BrandonU.ca



BACHELOR OF PHYSICAL EDUCATION STUDIES (BPES)

The BPES is a three-year undergraduate degree offering three streams of study: Exercise Science & Fitness, Recreation & Sport Management, and Teaching. The BPES provides students with in-depth knowledge of the field of physical education and the fundamental and specialized skills required by Physical Educators, Exercise Science and Health Professionals, Personal Trainers, Coaches, and Sport Administrators.

BPES also offers the opportunity to obtain certification through the following organizations:

- National Coaching Certification Program (NCCP)
- Canadian Society for Exercise Physiology (CSEP)
- Manitoba Fitness Council (MFC)

BPES DEGREE

		STREAMS		
Core Course	Teaching	Ex Science & Fitness	Recreation & Sport	
Fitness Theory and Practice	✓	✓	✓	
Foundations of Physical Education	✓	✓	✓	
Movement and Activities	✓			
Organization & Admin I	✓		✓	
Motor Develop-	✓			
Health Education	✓	✓		
Anatomy I	✓	✓		
Principles of Sport Injuries	✓	✓		
Fitness Testing and Prescription		✓		
Exercise Physiology		✓		
Intro to Applied Biomechanics		✓		
Foundations of Rec and Leisure			✓	
Inclusive Physical Activity& Leisure			✓	
Rec and Community Development			✓	
Foundations of Coaching			✓	
Sociology of Sport			✓	

CAREER POSSIBILITIES

Exercise Science & Fitness

- Sports Medicine
- Graduate School

Physical Therapy

- Research Assistant
- Professional School

Athletic Therapy

Recreational Therapy

- Personal Trainer

Recreation & Sport Management

- Recreation Specialist
- Sports Management
- Tourism/Hospitality
- Fundraising/Promotion

Teaching

- Physical Education Teacher
- Educational Administrator
- Activities Leader
- Coaching