

CHRISTOPHER JOHN ENNS

EMPLOYMENT:

Mental Health Clinician	Operational Stress Injury Clinic (OSIC) (part of Veterans Affairs national network of clinics offering assessment and treatment of operational stress injuries to Veterans, still serving members of the Canadian Forces, RCMP)	2004 – Present
EAP Counsellor (part time)	Solareh/Posaction	2004 - Present
	Shepell.FGI	2005 – 2007
Counsellor (part time)	Recovery of Hope Counselling Centre	2003 – 2005
Social Worker	Deer Lodge Centre Veterans Personal Care, Community Personal Care, Day Hospital, Chronic/Respiratory Care	1996 - 2004

EDUCATION:

Master of Social Work	University of Manitoba	2001
Bachelor of Social Work	University of Manitoba	1995
Bachelor of Arts (Psychology)	University of Winnipeg	1992
Music Theatre Studio Ensemble Program	Banff Centre	1985-1988
Business Systems/Computer Programming	Herzing Institute	1982
Music Theory and Performance	University of Manitoba	1976

REGISTRATION:

Manitoba Institute of Registered Social Workers	1997 - present
Saskatchewan Association of Social Workers	2011 - present

CERTIFICATION:

Prolonged Exposure Therapy for PTSD Therapist, Supervisor	University of Pennsylvania	2012
Trainer	University of Pennsylvania	2013

ACCREDITATION:

Triple P (Positive Parenting Program) Standard Level 4; Level 4 Group	University of Queensland	2013
Level 4 Group	University of Queensland	2014

RESEARCH EXPERIENCE:

MSW Candidate: University of Manitoba 2000 –2001
 Deer Lodge Centre
 Winnipeg, Manitoba

PUBLICATIONS:

Refereed Abstracts:

Enns, C.J., & Adduri, C.A. (accepted). Are Biofeedback Devices Feasible and Effective at Reducing Anxiety in a Military Population: A Pilot Study. Canadian Psychological Association Convention, June 2010.

Non-refereed Abstract:

Whitney, D., Laforce, J., Klassen, K., **Enns, C.J.**, Walsh, T. & Holens. P. (Nov. 2012). Expanding the delivery of evidence-based treatments for service-related PTSD using video teleconferencing. Paper presented at The International Society for Traumatic Stress Studies (ISTSS): 28th Annual Meeting, Los Angeles, CA.

GROUPS & SEMINARS PROVIDED:

Boivin, M., Bailliu, A. & **Enns, C.J.** (2014). *Prolonged Exposure Therapy for Chronic PTSD: Four Day Training Workshop, OSI Clinic, Royal Ottawa Mental Health Centre, Ottawa Ontario. Sept. 2014.*

Sutherland, R.J. & **Enns, C.J.** & Lichner, T. (2014). *Prolonged Exposure Therapy for Chronic PTS: Four Day Training Workshop, HealthEast Care System (St. Joseph's Hospital), St. Paul, Minnesota, U.S.A. Jan. 2014*

Enns, C.J. & Gilberto. A. (2013). *JPSU Training, 17 Wing, CFB Winnipeg, Manitoba. Dec. 2013*

Enns, C.J. (2012). *JPSU and Partners Regional Conference, Russell Manitoba. September 2012.*

Enns, C.J. & Gilberto. A. (2011). *Sharing the Load: IPSC/OSIC, CFB Shilo, Manitoba. Feb. 2012.*

Enns, C.J. & Gilberto. A. (2011). *Defining the Roles and Enhancing Skills: JPSU/IPSC/OSIC, 17 Wing, CFB Winnipeg, Manitoba. Oct. 2011.*

Enns, C.J. & Gilberto. A. (2010). *Helper Resiliency Workshop, 17Wing, CFB Winnipeg, Manitoba. June 2010.*

Stress Studies (ISTSS)

- Member

Research Groups: Veterans Military Health Research Group Jan. 2009 - 2011
University of Manitoba

- Member

OSI Social Work Committee Jul. 2004 - 2009
National Operational Stress Injury Clinic
Sainte-Anne-de-Bellevue, Quebec

- Member

Workshops Attended:

Triple P (Positive Parenting Program) Pathways Oct. 2014
Healthy Child Manitoba
Winnipeg, Manitoba

Triple P (Positive Parenting Program) Level 5 Enhanced May 2013
Healthy Child Manitoba
Winnipeg, Manitoba

Triple P (Positive Parenting Program) Level 4 Group May 2013
Healthy Child Manitoba
Winnipeg, Manitoba

Prolonged Exposure Therapy Mar. 2014
Trainer Certification Final Observation
Center for the Treatment and Study of Anxiety
University of Pennsylvania
Philadelphia, PA, USA
Dr. Edna Foa

Prolonged Exposure Therapy Oct/2013
Trainer Certification First Observation
Center for the Treatment and Study of Anxiety
University of Pennsylvania
Philadelphia, PA, USA
Dr. Edna Foa

Prolonged Exposure Therapy Oct/2013
Trainer the Trainer Workshop
Center for the Treatment and Study of Anxiety

University of Pennsylvania
Philadelphia, PA, USA
Dr. Edna Foa

Triple P (Positive Parenting Program) Level 4
Healthy Child Manitoba
Winnipeg, Manitoba
Mar. 2013

Cognitive Processing Therapy
Ryerson University
Toronto, Ontario
Dr. Candace Monson
Mar/ 2012

Prolonged Exposure Therapy
Therapist and Supervisor Certification
Center for the Treatment and Study of Anxiety
University of Pennsylvania
Philadelphia, PA, USA
Dr. Emily Malcoun
June – Sept/2011

Military Veteran Health Research Forum
Faculty of Health Sciences
Queens University
Kingston, Ontario
Nov /2010

Cognitive Therapy for Personality Disorders:
Challenges in Practice
Grace Hospital
Winnipeg, Manitoba
Oct. 2010

Prolonged Exposure Therapy for PTSD
Ottawa OSI Clinic - Royal Ottawa Mental
Health Centre
Ottawa, Ontario
Dr. Edna Foa and Dr. Niska Nacash
Feb. 2010

Acceptance and Commitment Therapy
with Couples and Families
National Centre for Operational Stress Injury
Sainte, Anne De Belliveau, Quebec,
Dr. Vince Roca
Jun. 2010

Emotion Focused Therapy:
The Transforming Power of Affect
Manitoba Psychological Society
May 2009

Winnipeg, Manitoba Dr. Leslie Greenberg	
Eye Movement Desensitization and Reprocessing Level II, EMDR Institute Bloomington, Minnesota Deany Laliotis, LCSW-C	Dec. 2008
Emotionally Focused Couples Therapy International Center for Excellence in Emotionally Focused Therapy Ottawa, Ontario Dr. Sue Johnson	Sept. 2008
Eye Movement Desensitization and Reprocessing Level I, EMDR Institute Bloomington, Minnesota Kay Werk, LISW	Jul. 2008
Military Trauma: The new generation of war Injuries, Operational Stress Injury Clinic Deer Lodge Center Winnipeg, Manitoba Dr. Harriet Zeiner	Apr. 2008
Acceptance and Commitment Therapy: An Introductory Workshop in ACT Theory and Treatment Manitoba Psychological Society Winnipeg, Manitoba Dr. Robyn D. Walser	Oct. 2007
Emotional Survival for Law Enforcement RCMP Division Winnipeg, Manitoba Dr. Kevin M. Gilmartin	Oct. 2007
Recovering form the Stress and Trauma of Military Operation Carewest Operational Stress Injury Clinic Calgary Alberta Col. Carl Castro, Alice Mohr, M.D. Mercy Yeboah-Ampadu, MSW	Sept. 2007
Seeking Safety/PTSD and Addiction PTSD Addiction and Mental Health Conference Addictions Foundation of Manitoba	Oct. 2006

Winnipeg, Manitoba
Dr. Lisa Najavits

Motivational Interviewing
National Centre for Operational Stress Injuries
Ste. Anne's Hospital
Ste. Annes de Bellevue, Quebec
Dr. Norman Shields

Sept. 2006

PTSD Impact on Children
National Centre for Operational Stress Injuries
Ste. Anne's Hospital
Ste. Annes de Bellevue, Quebec
Erica Curran, LCISW

Sept. 2006

OSI Awareness in Family Members
National Centre for Operational Stress Injuries
Ste. Anne's Hospital
Ste. Annes de Bellevue, Quebec
Kim Guest, MSW

Sept. 2006

Acceptance and Commitment Therapy
Psychotherapy Tele-course
St. Paul, Minnesota
Dr. Steven Hayes

Jun./Jul. 2006

Bader-Pearson Model of Couple Therapy
Winnipeg, Manitoba
Sandra Hayes-Gardiner, MSW, RSW

May 2006

Professional Boundaries and Ethics
Manitoba Psychological Society
Winnipeg, Manitoba
Dr. Gary Shoener

May 2006

CASW Train the Trainer:
The New Code of Ethics
St. Boniface Hospital
Winnipeg, Manitoba
Nora Cristall, MSW, RSW

Dec. 2005

Solution Focused Brief Therapy:
Working with Children and Families
HQS Consulting Services

Apr. 2005

- Winnipeg, Manitoba
Insoo Berg, MSSW
- Implementing Prolonged Exposure with
Challenging PTSD Patients Nov. 2005
International Society for Traumatic Stress Studies
Toronto, Ontario
Dr. Edna Foa, Dr. Elizabeth Hembree
- CBT for victims for Type II Trauma Nov. 2005
International Society for Traumatic Stress Studies
Toronto, Ontario
Dr. Mervin Smucker
- Advanced Critical Incident Stress Management Jun. 2005
Manitoba Emergency Services College
Winnipeg, Manitoba
Douglas Popwich
- Combat/Operational Stress Control Jun. 2005
Training Collaboration Seminar
88th Regional Readiness Command
United State Army, Fort Snelling
Minneapolis, Minnesota, U.S.A.
- Applied Suicide Interventions Dec. 2004
Skills Training (ASIST)
17 Wing, CFB Winnipeg
Winnipeg, Manitoba
Cpt. A. Dennison
- Motivational Enhancement Group Workshop Nov. 2004
for Combat Veterans
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA.
Dr. Ronald Murphy et al.
- Cognitive Behavioral Couple's Treatment for PTSD Nov. 2004
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA
Dr. Candace Monson et al.
- Trauma-focused and Additional Non-Verbal Nov. 2004
Group Therapy in Complex PTSD
International Society for Traumatic Stress Studies

- New Orleans, Louisiana, USA
Dr. Eric Vermette et al.
- Therapeutic Strategies for Survivor Guilt
Denial and Memory Loss
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA
Dr. Raymond Scurfield et al. Nov. 2004
- Traumatic Grief Treatment
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA
Dr. Katherine Shear Nov. 2004
- Gaining Strength After Trauma:
Treatment for War Veterans with PTSD
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA
Dr. C. Franklin et al. Nov. 2004
- Implementing Prolonged Exposure for Chronic PTSD
International Society for Traumatic Stress Studies
New Orleans, Louisiana, USA
Dr. Edna Foa et al. Nov. 2004
- Cognitive Behavioural Therapy for
Patients with Anxiety Disorders
University of Manitoba, Department of Psychiatry
Winnipeg, Manitoba
Dr. Leslie Sokol Oct. 2004
- Nonviolent Crisis Intervention
Health Sciences Centre
Winnipeg, Manitoba
Virginia Peters Sept. 2004
- The Changeways Depression Program
Manitoba Psychological Association
Winnipeg, Manitoba
Dr. Randy Paterson Apr. 2004
- Expanding Solution Focused Therapy:
Beyond Technique
HQS Consulting Services Nov. 2003

Winnipeg, Manitoba Eve Lipchik, MSW	
Demystifying the Cycle of Conflict Winnipeg, Manitoba Priti Shah	Oct. 2003
Advance Care Planning Training Winnipeg Regional Health Authority Winnipeg, Manitoba Kathleen Klassen, MN, CNS	Sept. 2003
Brief Therapy Skills for Practice Manitoba Psychological Society Winnipeg, Manitoba Dr. Michael F. Hoyt	May 2002
Critical Incident Stress management Level 1 Deer Lodge Centre Winnipeg, Manitoba Sharon Kirwan	Sept, 1999
Psychological Approaches to Assessment and Treatment of PTSD Grace General Hospital Winnipeg, Manitoba Dr. Terrance Keane	Mar, 1998
Psychotherapy and Moral Responsibility Winnipeg, Manitoba Dr. Bill Doherty	Apr. 1998
Health Care Directive Certification Deer Lodge Centre Winnipeg, Manitoba Dr. Willie Malloy	Apr. 1998
The Satir Model Manitoba Association of Gerontological Social Work Winnipeg, Manitoba Dr. Maria Gamori	Mar. 1997
Interpersonal Conflict Resolution Mediation Services Winnipeg, Manitoba	Nov. 1996

Karen Ridd

TEACHING EXPERIENCE:

Field Instructor	University of Manitoba, Winnipeg, Manitoba Social Work Program	Sept. 1998-May 2000
Field Instructor	University of Regina, Regina, Saskatchewan Social Work Program	Sept. - Dec 2005

VOLUNTEER EXPERIENCE:

Member of the Board of Directors	MASW/MIRSW	2006 – 2012
Chair of Private Practice Committee	MASW/MIRSW	2006 - 2008
Member of the Board of Directors	Concordia Hospital	1996 – 2001