

Curriculum Vitae

Dr. Panagiota (Penny) D. Tryphonopoulos RN PhD

Assistant Professor

Arthur Labatt Family School of Nursing

Western University

FIMS & Nursing Building, (FNB) room 3338

London, Ontario, Canada N6A 5C1

Academic Positions

Jan 2019—	Assistant Professor, Arthur Labatt Family School of Nursing, Western University
April 2018 – Dec 2018	Associate Professor, Faculty of Health Studies, Brandon University
Aug 2015 – Mar 2018	Assistant Professor, Faculty of Health Studies, Brandon University
2014 - 2015	Assistant Professor, Faculty of Nursing, University of Calgary

Education

2009-2015	University of New Brunswick, Interdisciplinary Studies Doctoral Program
2007-2009	University of New Brunswick, MN Program (fast-tracked to PhD)
2002-2005	University of New Brunswick, Bachelor of Nursing, Advanced Standing Program --Dean's list, 2002-2003, 2003-2004 & 2004-2005
2000-2002	University of New Brunswick, Science Program

Funding (Total = \$584, 546)

2016 - 2020	Video-Feedback Interaction Guidance for Improving Interactions Between Depressed Mothers and their Infants (\$569,552), CIHR Project Scheme , Co-PIs: Letourneau, N., Tryphonopoulos, P
2017	Video-Feedback Interaction Guidance for Improving Interactions Between Depressed Mothers and their Infants (\$7,497), Brandon University Research Committee, New Investigator Award, PI: Tryphonopoulos, P.
2017	Manitoba RN's Perspectives on Medical Assistance in Dying (MAID) (\$7,497), Brandon University Research Committee, PI: Ahmad, N. Co-Investigators: Tryphonopoulos, P. Henriquez, N.

Awards/Honours

2009-2012	Canadian Institutes of Health Research, Frederick Banting and Charles Best Canada Graduate Scholarship-Doctoral Award (\$105,000)
2008-2009	UNB Faculty of Nursing, Graduate Research Assistantship (\$8,500)
2007-2008	Social Sciences and Humanities Research Council of Canada, CGS Master's Scholarship (\$17,500)
2007-2008	Board of Governors Merit Awards for Graduate Studies (\$3,000)
2004-2005	Alumni Undergraduate Scholarship (\$1,000)
2003-2004	UNB Scholarship (\$1,200)
2000-2001	UNB Fredericton Scholarship (\$1,000)

Publications (peer reviewed)

- Tryphonopoulos, P.**, Letourneau, N. (in review). Promising Results from an Interaction Guidance Intervention for Improving Maternal-Infant Interaction Quality of Depressed Mothers: A Randomized Controlled Trial. *Infant and Child Development*.
- Letourneau, N., **Tryphonopoulos, P.**, Giesbrecht, G., Hart, M., Oxford, M. (2018). Nursing Child Assessment Satellite Training Parent-Child Interaction Scales: Data from Canadian Normative and High-Risk Samples. *Journal of Pediatric Nursing (40)*, 47 – 57.

- Tryphonopoulos, P.**, Letourneau, N., DiTommaso, E. (2016). Caregiver-Infant Interaction Quality: A Review of Dyadic Assessment Tools. *Comprehensive Child and Adolescent Nursing*, 39(2), 107 – 138.
- Letourneau, N., **Tryphonopoulos, P.** et al., (2015). Narrative and Meta-analytic review of interventions aiming to improve maternal-child attachment security. *Infant Mental Health Journal*, 36(4), 368 – 387.
- Tryphonopoulos, P.**, Letourneau, N. (2015). Challenges and Opportunities in Recruitment of Depressed Mothers: Lessons Learned from Three Exemplar Studies. *Annals of Psychiatry and Mental Health*, 3(1), 1022-1033.
- Tryphonopoulos, P.**, Letourneau, N., DiTommaso, E (2014). Attachment and Caregiver-Infant Interaction: A Review of Observational Assessment Tools. *Issues in Mental Health Nursing*, Vol. 35(6), 642–656.
- Tryphonopoulos, P.**, Letourneau, N., Azar, R. (2014). Approaches to Salivary Cortisol Collection and Analysis in Infants. *Biological Research in Nursing*, 16(4), 398-408.
- Letourneau, N., Dennis, C., Benzies, K., Duffett-Leger, L., **Tryphonopoulos, P.**, Este, D., & Watson, W. (2012). Post-partum depression is a family affair: Addressing the impact on mothers, fathers and children. *Issues in Mental Health Nursing*. 33(7), 445-57.
- Letourneau, N., **Tryphonopoulos, P.**, Duffett-Leger, L., Stewart, M., Benzies, K., Dennis, C. & Joschko, J. (2012). Support intervention needs and preferences of fathers affected by postpartum depression. *Journal of Perinatal and Neonatal Nursing*, 26(1), 69-80.
- Letourneau, N., Watson, B., Duffett-Leger, L., & Hegadoren, K., **Tryphonopoulos, P.** (2011). Cortisol patterns of depressed mothers and their infants are related to maternal-infant interactive behaviours. *Journal of Reproductive and Infant Psychology*, 29(5), 439-459.
- Letourneau, N., Dennis, C., Stewart, M., Duffett-Leger, L., **Tryphonopoulos, P.** (2011) Identifying the support needs of fathers affected by postpartum depression: Pilot Study. *Journal of Psychiatric and Mental Health Nursing*.18, 41–47.
- Contributions to Books**
- Letourneau, N. & **Tryphonopoulos, P.** (2012). Der CARE-Index: Ein Instrument zur Erfassung der Beziehungsqualität zwischen Bezugsperson und Kind ab der Geburt. (Translation-The CARE-Index: A tool for determining the quality of the relationship between caregiver and child from birth.) pp. 19-32. In: Stokowy, M. & Sahhar, N. (Ed.): Bindung und Gefahr. Das Dynamische Reifungsmodell der Bindung und Anpassung. (Translation-Bonding & Risk: The Dynamic Maturational Model of Attachment). Psychosozial-Verlag: Frankfurt. (Manuscript in German).
- Tryphonopoulos, P.** (2012, May). Book review: Assessing adult attachment- A dynamic-maturational approach to discourse analysis. *DMM NEWS*, 12.

Presentations

- 2018 **Tryphonopoulos, P.**, Letourneau, N. et al. (2018) “VID-KIDS”: Video-feedback interaction guidance intervention for mothers affected by depression and their infants. Poster presented at the Maternal Newborn Conference: Inspiring Innovations in Maternal Care Together, University of Calgary, November 1-2
- Perinatal mood disorders. Public Health, Families First Program, Home Visitors Meeting (Invited Presentation), Brandon, MB, October 24.
- Promoting First Relationships: Parent-Infant Interaction & Attachment. Public Health, Families First Program, Home Visitors Meeting (Invited Presentation), Brandon, MB, October 24.
- New Beginnings: A Community Connective Research Conference. Successes and Challenges of Grant Writing Panel Discussion, Brandon MB, October 13.

- Tryphonopoulos, P.**, Letourneau, N. et al. (2018) “*VID-KIDS*”: Video-feedback interaction guidance intervention for mothers affected by depression and their infants. Poster presented at the Canadian Mental Health Association (CMHA) “Now We Are Stronger” Provincial Conference, Edmonton, AN, June 4 – 5.
- Tryphonopoulos, P.**, Letourneau, N. et al. (2018) “*VID-KIDS*”: Video-feedback interaction guidance intervention for mothers affected by depression and their infants. Poster presented at the 16th World Association of Infant Mental Health (WAIMH) World Congress, Rome, Italy, May 26 – 30.
- Tryphonopoulos, P.**, Letourneau, N. et al. (2018) “*VID-KIDS*”: Video-feedback interaction guidance intervention for mothers affected by depression and their infants. Poster presented at the Women's Mental Health Day Conference, Cumming School of Medicine, University of Calgary, Calgary, AB, April 27.
- Tryphonopoulos, P.**, Letourneau, N. et al. (2018) “*VID-KIDS*”: Video-feedback interaction guidance intervention for mothers affected by depression and their infants. Poster presented at the Canadian National Perinatal Research Meeting, Banff, AB, February 14.
- 2017 Interdisciplinary Research in Practice Panel. Brandon University Research Enhancement Conference, April 11.
- Tryphonopoulos, P.** (2016). Promising Results from an Interaction Guidance Intervention for Improving Maternal-Infant Interaction Quality of Depressed Mothers: A Randomized Controlled Trial. Mental Health on the Prairies Conference, Brandon University, October 17.
- 2016 Letourneau, N., **Tryphonopoulos, P.** (2016). Narrative and Meta-Analytic Review of Interventions Aiming to Improve Maternal-Child Attachment Security. 15th World Association of Infant Mental Health (WAIMH) World Congress, Prague, Czech Republic, May 30.
- Tryphonopoulos, P.**, Letourneau, N. (2016). Promising Results from an Interaction Guidance Intervention for Improving Maternal-Infant Interaction Quality of Depressed Mothers: A Randomized Controlled Trial. 15th World Association of Infant Mental Health (WAIMH) World Congress, Prague, Czech Republic, May 30.
- Letourneau, N., **Tryphonopoulos, P.**, Dennis, C., Giesbrecht, G., Bhogal, B., Watson, B. (2016). *A narrative and meta-analytic review of the effectiveness of attachment interventions*. Poster presented at the Canadian National Perinatal Research Meeting, Banff, AB, February 11.
- Tryphonopoulos, P.** (2016). *Interaction Guidance Intervention for Improving Maternal-Infant Interaction Quality of Depressed Mothers: A Randomized Controlled Trial*. Topic presented for Faculty of Health Studies Seminar Series, Brandon University, January 13.
- 2015 **Tryphonopoulos, P.**, Letourneau, N. (2015). *Promising Results from an Interaction Guidance Intervention for Improving Maternal-Infant Interaction Quality of Depressed Mothers: A Randomized Controlled Trial*. Poster presented at Celebrate BU: Research Colloquium, Brandon University, October 17.

- 2014 Morean, G., **Tryphonopoulos, P.**, Anis, L., Poole, J., Giesbrecht, G., Hart, M., & Letourneau, N. (2014). *Methods & Approaches for Saliva Collection in 12-20 Month Old Children*. Poster presented at the ACHRI Summer Student Research Day, August 19.
- Letourneau, N., **Tryphonopoulos, P.**, Dennis, C., Giesbrecht, G., Bhogal, B., Watson, B. (2014). *A narrative and meta-analytic review of the effectiveness of attachment interventions*. Poster presented at the World Association of Infant Mental Health Conference, Edinburgh, UK, June 16.
- 2012 **Tryphonopoulos, P.**, Letourneau, N. Professional Interaction Guidance to Improve Maternal-Infant Relationships of Depressed Mothers: An RCT. The 26th Margaret Scott Wright Research Day, University of Calgary, October 26.
- Tryphonopoulos, P.**, Letourneau, N. *Professional interaction guidance to improve maternal-infant relationships of depressed mothers: A randomized controlled trial (RTC)*. Poster presentation, Recovery from Addiction Symposium, Banff Alberta Monday October 22.
- Tryphonopoulos, P.**, Letourneau, N. *Professional interaction guidance to improve maternal-infant relationships of depressed mothers: A randomized controlled trial (RTC)*. Poster presentation, Early Brain & Biological Development Symposium, Banff Alberta, Monday May 28.
- 2011 Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A., Hauer, C., Benzies, K., McGrath, P. (2011). *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Poster presented at the Canadian Mental Health Association Fredericton/Oromocto Region 2nd Annual Men's Conference, November 29.
- Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A., Hauer, C., Benzies, K., McGrath, P. (2011). *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Poster presented at New Brunswick Health Research Foundation 3rd Annual Health Research Conference, Moncton, NB, November 8.
- Letourneau, N., **Tryphonopoulos, P.** (2011). *Professional Interaction guidance to improve maternal-infant relationships of depressed mother: A randomized controlled trial (RTC)*. Poster presented at New Brunswick Health Research Foundation 3rd Annual Health Research Conference, Moncton, NB, November 8.
- Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A., Hauer, C., Benzies, K., McGrath, P. (2011). *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. 5th Strategies for Working with Fathers Conference, Toronto, ON, October 20.
- Tryphonopoulos, P.**, Letourneau, N. (2011). *Professional interaction guidance to improve maternal-infant relationships of depressed mothers: A randomized controlled trial (RTC)*. NCAST 14th NCAST Institute New Directions in Infant Mental Health Practice: Containment & Reciprocity and the Stress/Trauma Continuum, Seattle, Washington, September 19.
- Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A., Hauer, C., Benzies, K., McGrath, P. (2011). *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. 25th Postpartum Support International Conference: WHOLE CARE FOR THE WHOLE FAMILY. Seattle, September 14 – 17.

Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A., Hauer, C., Benzies, K., McGrath, P. (2011). *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. UNB FACULTY OF NURSING 16th ANNUALNURSINGRESEARCH DAY May 6.

Tryphonopoulos, P., Letourneau, N. (2011). *Professional interaction guidance to improve maternal-infant relationships of depressed mothers: A randomized controlled trial (RTC)*. UNB FACULTY OF NURSING 16th ANNUAL NURSING RESEARCH DAY May 6.

Tryphonopoulos, P., Letourneau, N. (2011). *Professional interaction guidance to improve maternal-infant relationships of depressed mothers: A randomized controlled trial (RTC)*. Presented at the University of New Brunswick 2011 Graduate Research Conference, April 29.

Letourneau, N., **Tryphonopoulos, P.**, Weeks, M. (2011) *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Presented to Family Enrichment and Counselling Service Fredericton Inc, February 1, Fredericton, NB.

Letourneau, N., **Tryphonopoulos, P.** *Postpartum Depression is a Family Affair*. Maternal Mental Health Conference: Removing the Mask of Postpartum Depression/Stress, Fredericton, NB, January 26-27.

Plenary Discussion. *Maternal Mental Health Conference: Removing the Mask of Postpartum Depression/Stress*. Fredericton, NB, January 26.

Panel Discussion. *Real Stories: Personal Experiences with Postpartum Depression*. Maternal Mental Health Conference: Removing the Mask of Postpartum Depression/Stress, Fredericton, NB, January 26-27.

2010 Letourneau, N., **Tryphonopoulos, P.**, Weigum, N., Weeks, M. *Identifying the Support Needs of Fathers Affected by Postpartum Depression: The DADS Study*. Presentation at Addiction & Mental Health In-Service, July 23, Fredericton, NB.

Letourneau, N., **Tryphonopoulos, P.**, Weeks, M. *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Presentation at Addiction & Mental Health In-Service, June 18, Fredericton, NB (video-teleconferenced to Woodstock and Perth, NB).

Letourneau, N., **Tryphonopoulos, P.**, Weeks, M. *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Presented to staff at the Gibson Health Clinic, June 17, Fredericton, NB.

Letourneau, N., **Tryphonopoulos, P.**, Richer, D., Weeks, M. *Identifying the support needs of fathers affected by postpartum depression: The DADS study*. Presented to New Brunswick Association of Social Workers, April 28, Fredericton, NB.

Letourneau, N., **Tryphonopoulos, P.**, Richer, D. *Identifying support needs of fathers affected by postpartum depression*. Abstract presented at UNB Nursing Research Day, April 16, Fredericton, NB.

2009 Letourneau, N., **Tryphonopoulos, P.**, Dennis, C.L., Hegadoren, K., Stewart, M., Willms, J.D., & Duffett-Leger, L. *Mothers Offering Mentorship & Support: RCT to Evaluate the Effect of Home-*

Based Peer Support on Maternal-Infant Interaction, Infant Health Outcomes and Postpartum Depression. Poster Presentation, New Brunswick Health Research Foundation Conference Launch, October 4-6.

Letourneau, N., **Tryphonopoulos, P.**, Stewart, M., Dennis, C.L., Duffett-Leger, L., Doucet, A. *Identifying the Supporting Fathers Affected by Postpartum Depression: A Pilot Study.* Poster Presentation, New Brunswick Health Research Foundation Conference Launch, October 4-6.

2008 Letourneau, N., Stewart, M., Dennis, C.L., Hegadoren, K., Duffett-Leger, L., Doucet, A., Cluney, T., Hauer, C., Weeks, M., **Tryphonopoulos, P.** *Supporting Fathers Affected by Postpartum Depression in their Partner: Results of a Pilot Study.* Fatherhood Involvement Research Alliance 2008: Diversity, Invisibility, Community, University of Guelph, October 22-24, 2008.

Letourneau, N., Stewart, M., Hegadoren, K., Dennis, C.L., Willms, J. D. Duffett-Leger, L. MN, **Tryphonopoulos, P.** *Mothers Offering Mentorship and Support Intervention (MOMS Study): Maternal-infant interactions and stress hormones.* The 11th International Conference on Social Stress Research, University of New Hampshire, May 31-June 2, 2008.

Tryphonopoulos, P., Letourneau, N. *Maternal-infant interaction and salivary cortisol levels in depressed and well mothers.* The 13th annual Nursing Research Day, University of New Brunswick, Fredericton, April 25, 2008.

Teaching/Courses Taught

Courses Taught

2016 - 2019	Graduate Thesis, Faculty of Health Studies, MPN program Advanced Readings in Psychiatric Nursing, Faculty of Health Studies, MPN program Human Responses II, Brandon University, Faculty of Health Studies, BN program Nursing Practice VIII (Senior Practicum), Faculty Advisor,
2016	Quantitative Health Research Methods, Faculty of Health Studies, MPN program
2015 - 2019	Human Responses I, Faculty of Health Studies, BN program Nursing Practice VII (Community Nursing Practicum), Faculty Advisor, Faculty of Health Studies, BN program
2014	Nursing 485, Theory: Discipline and Profession of Nursing III, University of Calgary, BScN program

Graduate Students

Completed

Johnathon Jackson, MPN Program, Brandon University (**thesis supervisor**). Thesis title: Exploring the experiences of advanced practice psychiatric nurses: Implications for developing a psychiatric nurse practitioner role in Manitoba.
Awarded Manitoba MSBI Graduate Scholarship (\$10,000)

In progress

2018- Jennifer Bon Bernard, MSc Student, Community Health Sciences, University of Calgary (advisory committee)
2017- Brittany Chisholm, MPN Student, Faculty of Health Studies (advisory committee)
Alexis Winter, MPN Student, Faculty of Health Studies (advisory committee)
Jennifer Whitehurst, MPN Student, Faculty of Health Studies (**thesis supervisor**)
Tara Endeman, MPN Student, Faculty of Health Studies (**thesis supervisor**)

Stacy Hanson, MPN Student, Faculty of Health Studies (**thesis supervisor**)
 Natasha Lemieux, MPN Student, Faculty of Health Studies (**thesis supervisor**)
 2016- Peter Vermeulen, MPN Student, Faculty of Health Studies (**thesis supervisor**)
 Beth MacDonald, MPN Student, Faculty of Health Studies (advisory committee)

SERVICE

Western

2019 Graduate Programs Committee, Arthur Labatt Family School of Nursing
 Nursing Research Committee, Arthur Labatt Family School of Nursing
 School Council, Arthur Labatt Family School of Nursing
 External Examiner, Odinaka Anunike, MScN, Western University, February 27

Brandon University

2017-18 Department of Nursing, Writing Across the Curriculum (Curriculum sub-committee)
 Department of Nursing, Curriculum Committee
 Brandon University Research Ethics Committee (BUREC)
 Gender and Women’s Studies Program, Finance Committee
 Brandon University Research Enhancement Conferences (REBU), Planning Committee

2016-18 Brandon University Senate Library Committee
 Brandon University Senate Research Committee
 Brandon University Senate Graduate Studies Committee
 Masters of Psychiatric Nursing Program, Steering Committee
 Faculty of Health Studies, Joint (Nursing & Psychiatric Nursing) Library Committee, Chair
 Masters of Nursing (MN) Program, Planning Group
 Faculty of Health Studies Research Grant Review Committee

2016 Acting Chair, Special Meeting (April 18, 2016), Department of Nursing,
 Acting Chair, Special Meeting (March 21, 2016), Department of Nursing

2015-19 Faculty of Graduate Studies, Full membership
 Faculty of Health Studies, Research Interest Group (RIG)
 Faculty of Health Studies, Faculty Selection Committee
 Gender and Women’s Studies Program, Faculty Affiliate

Community

2015-17 Canadian Blood Services, Brandon University Faculty Volunteer
 2016 Brandon University Green Futures, Volunteer
 2015 Brandon Transgender Day of Remembrance (BTDOR), Planning Committee

Peer Reviewer Activities

Grants

2018 CIHR Project Grant: Fall 2018 Competition, Grant Reviewer
 Research Manitoba, Social/Population Health Trainee Competition, Grant Reviewer
 CIHR Project Grant: Spring 2018 Competition, Grant Reviewer
 2018 Meeting of the Canadian DoHaD (Developmental Origins of Health and Disease) Society,
 Poster Judge for Trainee Competition

2017 CIHR Project Grant Competition, Peer Reviewer (Stage 1 & Stage 2)
 Research Manitoba, Social/Population Health Trainee Competition, Grant Reviewer

Journals

2019 Journal of Pediatric Nursing
 Heliyon

- 2018 Journal of Reproductive and Infant Psychology
Journal of Pediatric Nursing
International Journal of Nursing Student Scholarship
- 2017 Mental Health & Prevention
- 2016 Journal of Affective Disorders
- 2015 Jornal de Pediatria (Official Publication of the [Brazilian Society of Pediatrics](#))
- 2014 Journal of Undergraduate Research in Alberta
- 2013 Clinical Psychologist
Journal of Child and Family Studies
- 2012 Canadian Journal of Nursing Research

Conferences Organized

- 2018 New Beginnings: A Community Connective Research Conference, Brandon, MB, October 13
- 2016 Brandon University Research Enhancement Conferences (REBU), April 14
Mental Health on the Prairies Conference: A Focus on Transitions, Brandon, MB, October 12 - 14

Professional Affiliations

- 2016- Association of Registered Nurses of Manitoba (ARNM)
- 2015- College of Registered Nurses of Manitoba (CRNM), Registration # **310287**
- 2007-15 Nurses Association of New Brunswick (NANB)
- 2007- Canadian Nurses Association (CNA)

Workshops Taught

- 2018 Speedy Citations: A Guide to Reference Management. Brandon University, Master of Psychiatric Nursing Program Annual On Campus Session, August 28.
- 2017 Speedy Citations: A Guide to Reference Management. Brandon University, Master of Psychiatric Nursing Program Annual On Campus Session, August 29.
- 2016 Faculty of Health Studies Presents: Dusting off your SPSS Skills. Facilitated by Dr. N. Ahmad & **Dr. P Tryphonopoulos**, October 25, 26, 7:00 pm – 9:00 pm.

Employment History

- 2012-April 2014 Program Manager, CHILD Studies Program, University of Calgary
- 2008-2012 Project Director, Assessing the Impact of Postpartum Depression on Fathers, CHILD Studies Program, University of New Brunswick
- 2007-July 2008 Research Assistant, CHILD Studies Program, University of New Brunswick
- 2005- 2007 Registered Nurse, Surgical Program, Dr. Everett Chalmers Regional Hospital, Fredericton, New Brunswick
- 2004-2005 Resident Attendant, York Manor Nursing Home, Fredericton, New Brunswick

Professional Development

- 2018 New Beginnings: A Community Connective Research Conference, Brandon, MB, October 13
Brandon University Teaching Enhancement Conference, August 29.
- 2017 Brandon University Teaching Enhancement Conference, August 31.
Brandon University Research Enhancement Conference, April 11.
- 2015 Brandon University Teaching Enhancement Conference, August 2015
- 2014 Instructional Skills Workshop, Taylor Institute for Teaching & Learning
University of Calgary, September 30th, October 2nd, 7th, and 9th
- 2012 Strange Situation Procedure, Patricia Crittenden, Ph.D. University of Calgary: Nov.5-6, 2012
Attachment and Psychopathology Refresher, Patricia Crittenden, Ph.D. University of Calgary: Nov.7-8, 2012

- AllerGen Students and New Professionals Network 7th Annual Trainee Symposium (Skills for Today, Skills for the Future: Developing an Exceptional Career in Allergy and Immunology), Calgary, AB: May 27 – 29, 2012
- 2011 University of Washington, Nursing Child Assessment Satellite Training (NCAST), Teaching Scales Reliability Certificate
- 2011 Attachment and Psychopathology, Patricia Crittenden, Ph.D. Tavistock, London, UK: Oct. 19-21 & Nov. 14-15, 2011
- 2010 CIHR Gender and Health's (IGH) 2010 Summer Institute, University of British Columbia, July 5-9, 2010
- Salimetrics' Spit Camp, State College, Pennsylvania, April 8, 9.
- 2008 A Listening Guide Approach to Narrative Analysis (Atlantic Centre for Qualitative Research and Analysis workshop hosted by Andrea Doucet). Fredericton, NB, Sept.