

C U R R I C U L U M V I T A

SHANNON REMERS (nee MATKOVICH)

CONTACT INFORMATION _____

EDUCATION _____

Wilfrid Laurier University

2007 - 2009 M.Sc., Cognitive Neuroscience, Psychology

Advisor: Sukhvinder S. Obhi, PhD

Area of study: Motor Cognition

Saint Mary's University

2003 - 2007 B.Sc., Double Major, Psychology and Biology

Diploma in Forensic Science (concurrently with B.Sc.)

Graduated Magna Cum Laude

SCHOLARSHIPS & AWARDS _____

2007 - 2009 Masters Entrance Scholarship

2006 – 2007 Academic All Canadian

2003 Undergraduate Entrance Scholarship

2003 Ontario Scholar Graduate

RESEARCH INTERESTS _____

Mental Health, Evaluation Science, Implementation Science, Motor Cognition, Motor Control, Mirror Neuron System, Theory of Mind

RESEARCH EXPERIENCE

- 2018 – Present Adjunct Professor, Master of Psychiatric Program, Faculty of Health Studies, Brand University
- 2010 – Present Research and Outcome Studies involving individuals in residential and outpatient mental health and addiction treatment, Homewood Health Inc & Homewood Research Institute
- 2008 – Present Research Associate, Program for Older Adults
Homewood Health Centre
Dr. Sunny Luthra, MD, FRCP(C)
- 2007 – 2009 Graduate Student/Lab Co-ordinator
Wilfrid Laurier University
Cognition in Action Lab
Sukhvinder Obhi, PhD
- 2009 Teaching Assistant
Wilfrid Laurier University
Seminar in Cognitive Psychology
Sukhvinder Obhi, PhD
- 2008 Teaching Assistant
(winter & fall) Wilfrid Laurier University
Introduction to Cognitive Psychology (PS 260)
Sukhvinder Obhi, PhD
- 2007 Teaching Assistant
Wilfrid Laurier University
Introduction to Research Methods (PS 291)
Deb Glebe, Instructor
- 2007 Research Assistant
Wilfrid Laurier University
Cognition in Action Lab
Sukhvinder Obhi, PhD

PUBLICATIONS

THESIS

Matkovich, S. (2009). Internal and External Triggers for Action (Master's Thesis). Advisor: Dr. Sukhvinder S. Obhi

JOURNAL ARTICLES

Preyde, M., Watson, J., Remers, S., & Stuart, R. (2015). Emotional dysregulation, interoceptive deficits, and treatment outcomes in patients with eating disorders, *Social Work in Mental Health*.

Obhi, S.S., Matkovich, S. & Chen, R. (2009). Changing the "when" and "what" of intended Actions, *Journal of Neurophysiology*.

Obhi, S.S., Matkovich, S. & Gilbert, S.J. (2009). Modification of Planned Actions, *Experimental Brain Research*.

ARTICLES

Remers, S. & Nogueira, M. (2013). Revised (2018). The Dopamine Story: Addiction and the Brain. *Reviewed by: Dr. Mike Dixon, University of Waterloo.*

Remers, S. & Nogueira, M. (2013). Revised (2018). Gambling and the Brain. *Reviewed by: Dr. Mike Dixon, University of Waterloo.*

PRESENTATIONS

CONFERENCES

Prince, P., Castonguay, S., Remers, S., & Wicks, Debra. (2016). *Presentation (panel), World inteRAI Conference, Toronto, Ontario.*

Costello, J., Ropp, C., Sousa, S., & Remers, S. (2015). The Implementation and Perceived Utility of the OPOC-MHA in a Mental Health and Addictions Facility in Ontario. *Presentation. Canadian Centre on Substance Use and Addiction (CCSA)-Issues of Substance Conference, Montreal, Quebec.*

Remers, S. (2014). Using Data from the RAI-MH to Understand Trends Associated with Early Discharges. *Presentation. Canadian interRAI Conference*, Winnipeg, Manitoba.

Reade, B. & Remers, S. (2014). Early Discharges from Psychiatric & Addiction Treatment: What can we do to reduce this? *Workshop. Canadian Psychiatric Association*, Toronto, Ontario.

Remers, S. (2013). Concurrent Diagnosis and Outcomes for an Inpatient Population. *Poster presentation. The International Society for Quality in Health Care*, Edinburgh, Scotland.

Remers, S. (2013). Understanding Outcomes Based on Multiple Diagnosis Using Data from the RAI-MH. *Poster presentation. Canadian interRAI Conference*, Ottawa, Ontario.

Thompson, R., Knutson, S., & Remers, S. (2013). Promoting Healthy Eating and Physical Activity and Essential Elements of Recovery. *Presentation. Therapeutic Recreation Ontario Conference*, Kingston, Ontario.

Madden, V., Thompson, R., & Remers, S. (2013). Healthy Lifestyle Pilot Program for Mental Health Consumers. *Presentation. The Canadian Association of Occupational Therapists (CAOT) Conference*, Victoria, British Columbia.

Remers, S. & Perlman, C. (2012). Evaluating Incidence of Depressive Symptoms in Hospital using Information from the RAI-MH. *Presentation. Canadian interRAI Conference*, Vancouver, British Columbia.

Baker, T., Perlman, C. & Remers, S. (2012). Older Adults Admitted for Inpatient Mental Health: Using RAI-MH Data to Support Continuity of Care. *Presentation. Canadian interRAI Conference*, Vancouver, British Columbia.

Cardey, G., Jacyk, W., & Matkovich, S. (November 2010). Working with Complex Post Traumatic Stress and Substance Abuse. *Poster presentation. Meeting of International Society for Traumatic Stress Studies (ISTSS)*. Montreal, Quebec.

Obhi, S.S. & Matkovich, S. (July, 2009). Cancelling Intentions: A chronometric study. *Poster presentation. Annual Meeting of the Canadian Society for Brain, Behaviour, and Cognitive Science (CSBBCS)*, York, England, United Kingdom.

Matkovich, S. & Obhi, S.S. (June, 2008). Switching between internal and external triggers for action. *Poster presented at the 18th Annual Meeting of the Canadian Society for Brain, Behaviour, and Cognitive Science (CSBBCS)*, London, Ontario.

EDUCATIONAL PRESENTATIONS & WORKSHOPS

Remers, S. (2018). *The Science of Happiness*. Wellness Workshop. Perimeter Institute. Waterloo, Ontario.

Remers, S. & Nogueira, M. (2018, 2014 & 2013). *Mind Games: Gambling and the Brain. Educational Lecture Series for Clients and Patients*. Homewood Health Centre, Guelph, Ontario.

Remers, S. (2017). *Transitioning Your Children to School: What You Can Expect*. AIM Learning Community, Kitchener, Ontario.

Remers, S. & Nogueira, M. *Mind Games: Gambling and the Brain. Educational Lecture Series for Service Providers and Health Care Administrators*. (2016) Woodbine Raceway. Toronto, Ontario. (2016) Brantford Charity Casino, Brantford, Ontario. (2015) Grand River Raceway, Elora, Ontario.

Reade, B. & Remers, S. (2014). Early Discharges from Psychiatric & Addiction Treatment: What can we do to reduce this? Grand Rounds. Homewood Health, Guelph Ontario.

Melichercik, A., Remers, S., & Graham, A. (2012). *Exercise and the Brain: Making the Mind-Body Connection*. Homewood Health Centre, Guelph, Ontario.

Remers, S. (2012). *False Memories*. Homewood Health Centre, Guelph, Ontario.

Remers, S. (2012). *Brain Anatomy and Function*. Homewood Health Centre, Guelph, Ontario.

Remers, S. (2012). *Mirror Neurons and Language Evolution*. Homewood Health Centre, Guelph, Ontario.

TEACHING EXPERIENCE

Winter 2009 Multiple quest lectures, Biopsychology
Wilfrid Laurier University
Instructor: Dr. Lars Struther

Fall/Winter 2008 Multiple guest lectures, Introduction to Cognitive Psychology
Wilfrid Laurier University
Instructor: Dr. Sukhvinder Obhi

Summer 2006 Psychology Instructor
Junior Multidisciplinary Preparation Program (JUMP)

PROFESSIONAL AFFILIATIONS _____

2009 – Present Member Canadian Evaluation Society

2007-2009 Associative Member Canadian Society for Brain, Behaviour, and
Cognitive Science