

KYLA JOHNSTON RPN BScPN MPN

EDUCATION

Master of Psychiatric Nursing: Brandon University Brandon, MB Thesis Project: Lived Experiences of Rural Residents' in Living with Borderline Personality Disorder Thesis Advisor: Dr. Fran Racher	2016
Bachelor of Science in Psychiatric Nursing (BScPN) Brandon University Brandon, MB	2011

EMPLOYMENT EXPERIENCE

Selkirk Mental Health Centre Selkirk, MB Dialectical Behaviour Therapy Program- Area 3 Current Position: Nurse Therapist/Resource Nurse Primary Responsibilities: <i>Individual therapy (Jan 2015-Present); DBT Group Leader (Nov 2012- Present); Family Group Leader (Jan 2016- Present); DBT Intake Assessment Team; DBT Resource/Program Development</i> Additional Responsibilities/Committees: <i>Chair SMHC Nursing Standards and Advisory Committee; Suicide-Risk Assessment Task Team; Trauma Informed Care Team; DBT Instructor- Foundations of Dialectical Behaviour Therapy (1-day session), DBT II: Behavioural Principles (1-day session), Ongoing half-day training with DBT frontline staff</i>	May 2011 – Present
College of Registered Psychiatric Nurses of Manitoba (CRPNM) - Research Assistant	Nov 2013-Dec 2014

PROFESSIONAL ACHIEVEMENT

Acute Program Dialectical Behavioural Therapy (DBT) Clinical Consultation Team
Experience in Qualitative Research- Research assistant CRPNM Project (2013-2014)
Awarded the Research in Psychiatric Nursing and Recovery Scholarship Brandon University (2016)

CONTINUING EDUCATION

Selkirk Mental Health Centre Training and Development

Dialectical Behavioural Therapy- Overview (2-day) Treatment Implementation Coll. (TIC)	May 2012
Dialectical Behavioural Therapy- Skills Training (3-day)- TIC	September 2012
Dialectical Behavioural Therapy- Behaviour Planning/Shaping (2-day)- TIC	November 2012
Dialectical Behavioural Therapy- Core Clinician Training (7-day) - TIC	November 2012
Trauma Informed Care Training (2-day)	Oct 2015
Trauma Informed Care Seminar- Klinik	Sept 2014
Aboriginal Cultural Teaching	May 2011
Manitoba Government Leadership Training (2-day)	Sept 2015
Nonviolent Crisis Intervention-	June 2016
CPR- Basic Life Support Provider	Sept 2016

Workshops, Conferences, Courses

Doing DBT: Case Formulation and Treatment- Dr. K. Koerner Practice Ground Learning	Sept 2015-Sept 2016
Innovations in Clinical Assessment & Treatment of Suicidal Risk- Dr. D. Jobs	April 2016
Treating Complex Trauma Workshop (2-day)	May 2016
The Pain Paradox: Mindfulness approaches for Complex Trauma- Dr. J. Briere	April 2017

(Full list of Continuing Competency Portfolio available upon request)

PROFESSIONAL INVOLVEMENT

College of Registered Psychiatric Nurses of Manitoba- RHPA Sub-committee Task Team	Dec 2014-Mar 2016
College of Registered Psychiatric Nurses of Manitoba- Quality Assurance Committee	Dec 2014-Present

PROFESSIONAL REFERENCES

Dr. Susan Holm
DBT Practice Lead, Psychologist, Clinical Supervisor
Selkirk Mental Health Centre
(204) 482-1618

Jacque Williams RPN
Coordinator of Patient Services, Area 3
Selkirk Mental Health Centre
(204) 482-1616

Dr. Tristan Anderson
Psychiatrist, DBT Treatment Team
Selkirk Mental Health Centre
(204) 482-1670