

FACULTY OF HEALTH STUDIES

Subject: Professional Dress Code Date: January 23, 2019

Department: Nursing/Psychiatric Nursing Revised: October 31, 2022

Program: Bachelor of Nursing/ Approved at Faculty Council:

Bachelor of Science in Psychiatric Nursing September 25, 2023

The Professional Dress Code policy provides parameters for students who are expected to demonstrate a professional image while maintaining public health regulations when working in clinical/community/field placement sites.

POLICY:

Clinical Placements

In clinical situations, students must wear either complete uniforms or appropriate professional dress as determined by the protocol established for the clinical setting. Students are required to wear a navy uniform in the clinical setting for all clinical courses in the BN/BScPN programs. Students will be required to purchase the uniform from a designated supplier. Requests for changes to the uniform due to culture or customs will be considered by the Faculty of Health Studies. Uniforms must be clean, neat and of suitable length. Uniforms must not be worn to and from the clinical area because they are considered contaminated. Travel to and from a work setting in a uniform has potential to transport and transfer organisms that threaten the health of the public. Uniforms are not to be worn outside of the clinical setting.

Black or navy socks/stockings are to be worn with the uniform. Comfortable, closed toe and closed back shoes with low or no heel must be worn in the clinical/hospital setting. Runners are permitted if they are clean, in good condition and have non-marking soles. Shoes must be worn only on the clinical area and not outside of the facility.

A Brandon University patch must be sewn on the centre of the left sleeve, 1 inch above the sleeve hem.

A Brandon University clinical photo ID name tag must be worn and be easily visible in the clinical setting. Photos must adhere to the following criteria:

- You are allowed to smile!
 - Face and shoulders to the camera, centered and squared.
 - A solid coloured, neutral background (ie., white, grey, cream).
 - No headphone/ear buds or air pods can be worn
 - Do not use a filter to alter your appearance
 - Sunglasses and tinted eyeglasses are unacceptable.



- Head coverings for religious beliefs or medical reasons may be worn as long as:
 - the full face is clearly visible and the head covering must not cast any shadows on the face;
 - o baseball caps and toques are not acceptable.
- Hair can be worn down.
- Avoid tube tops, tank tops, and halter tops where possible no bare shoulders.

Your BU clinical photo ID must represent a professional image. Photos that do not meet the above requirements will not be printed.

Other required supplies:

- Stethoscope
- Watch (Cellular data notifications to smart watches are to be turned off in the clinical area)
- Bandage scissors (optional)
- White Lab Coat (BN students only)
- Zippered binder

Hair must be neatly groomed. Long hair is to be tied back, off the shoulder and kept away from the face at all times. Beards, moustaches and side burns are to be short and neatly trimmed.

The following jewelry is acceptable: one plain band or ring with no grooves or stones, small studded earrings, or a small nose stud (limited to one). No other visible piercings allowed. All earrings/studs are to be small, safe and inconspicuous. Medical alert bracelets, short necklaces may be worn but must be hidden inside the uniform.

Perfumes/fragrances in patient/resident/client areas are not allowed. Other cosmetics are to be worn in moderation. Course Faculty may require tattoos to be covered.

Fingernails are to be short, clean and free of nail polish.

Artificial nails or nail tips of any kind are not allowed.

Good personal hygiene and cleanliness is essential.

Community and Field Placements/Clinical Patient Research

Professional dress and suitable shoes for community/mental health placements, and clinical patient research are required. Professional dress should be clean, in good repair and appropriate to the area/activity. Jeans, sweat pants, sweatshirts, shirts with logos or brand names, tights and leggings are not acceptable. Name tags must be worn in community settings and for clinical patient research. Guidelines under jewelry, cosmetics, fingernails and personal hygiene are to be followed as stipulated under clinical placements.



Faculty of Health Studies Classrooms

Clean uniforms are to be worn in the Skills/Simulation Lab, only as required. Uniforms are not to be worn in any classroom setting.