



Virtual care with Manitoba Blue Cross and Gotodoctor.ca

Virtual care provides the convenience of medical support at home or on the go. Access online care and treatment at **gotodoctor.ca/mbbluecross**.

This service is available to you and all eligible members covered under your plan.

The Gotodoctor.ca team can address a wide range of health and wellness concerns that you would typically make an in-person medical appointment for, including:

- acid reflux
- allergies
- arthritis
- carpal tunnel syndrome
- COVID-19
- cough and breathing
- counselling
- diabetes
- diarrhea
- earache
- eczema and hives

- eye infections
- family planning
- general assessment and monitoring
- gout
- headache
- heart health
- high blood pressure
- high cholesterol
- lab requisitions
- pediatrician consultation

- prescriptions and renewals
- sexual health and diseases
- skin infections and conditions
- sore throat
- specialist referrals
- stomachache
- thyroid conditions
- urinary tract infections
- yeast infection

Members are also eligible to save on prescription drugs and over-the-counter products at Rexall pharmacies. Members can enroll in the discount program at no cost at **gotodoctor.ca/mbbluecross**.

Book today

Visit **gotodoctor.ca/mbbluecross** to learn more and book now.

To request an appointment, click the "book now" button and fill out the form. Enter your Manitoba Blue Cross certificate number when asked.



How it works

3 easy steps

1



Book your appointment

Skip waiting in a walk-in clinic and see the doctor from home, work or a virtual clinic location.

2



Go to the doctor online

Connect to Canadian doctors through video chat or over the phone.

3



Get your prescriptions

A convenient way to get the prescriptions, referrals and requisitions you might need. Pick up the prescription at your preferred pharmacy or have it delivered.



