



# THE TEA

## INDIGENOUS NEWSLETTER



Painting by Gayle Sinclair

### *This Issue:*

- May calendar
- Upcoming, past events and activities
- Word of the month - Success
- Student spotlight x 2



# IPC Elders/ Knowledge Keepers

## KNOWLEDGE KEEPER OFFICE HOURS

**JOAN**

CHURCHJ@BRANDONU.CA

Mon. 12:00-4:00 pm

Thurs. 9:00am-4:00 pm

Mon. 3:00- 6:00 pm

Tues. & Wed. 11:30 am- 1:00 pm

Thurs. 9:00 am-1:00 pm

Fri. 3:00 -4:30 pm

**SUSIE**

MCPHERSON-DERENDYS@BRANDONU.CA

Tuesdays 5:00 - 7:30 pm

Wednesdays 12:00 - 2:00 pm

**BARB**

BLINDBARBARA2@GMAIL.COM

Thurs. 9:00 am- 12:00 pm/ 1-3:00 pm

- Available to meet by request



Susie McP-D

Cree Elder Knowledge Keeper

**McPherson-Derendys@BrandonU.ca**



Barb B

Anishinaabe Elder Knowledge Keeper

**BlindBarbara2@gmail.com**



Joan C

Metis Elder Knowledge Keeper

**ChurchJ@BrandonU.ca**



Thank you to the Indigenous graduates who so generously shared your educational journeys with us. Your stories reflected not only the challenges you faced, but also the resilience, courage, and determination it took to overcome them. You spoke openly about the emotional weight of those experiences, and it was deeply meaningful to hear how you leaned on supportive people, services, and community resources along the way.

It was inspiring to witness the balance of humility and pride you carry as you reach this important milestone. Your willingness to offer guidance to others—encouraging students to seek support, build connections, and make use of university services—speaks to your strength as leaders and role models. The impact of the Indigenous Peoples’ Centre was clearly felt in your journeys, providing a space of belonging and access to the supports needed to succeed.

We are grateful for what you have shared and what you have contributed to this community. We wish you continued growth, learning, unlearning, and every success you deserve in the years ahead. You will be missed, and we hope you return often to say hello and continue to inspire those who follow in your footsteps.





# The Indigenous Student Transition Program 2025-2026

With the support and mentorship of the Indigenous Student Transition Program, the 2025-2026 cohort celebrated the completion of their program at our year-end feast on April 8. By successfully completing their first year, students gained valuable skills and knowledge that will support their academic journey as they continue toward their professional goals.

The program supports students in their academic success, helps them navigate challenges, and offers opportunities to participate in cultural ceremonies and workshops. Throughout the year, students gathered for group activities that offered mutual support, relationship building and camaraderie. Students were also guided towards supports both on campus and within the City of Brandon.

We invite you to view photos on the following page that highlight the fun and meaningful experiences we shared this year and we extend our heartfelt thanks to all who contributed to our successes at Brandon University!



# Student Spotlight

## ALLAN BENSON



### Introduction

My name is Allan Benson, and I am originally from Wabowden, a Northern Manitoba Metis community located approximately 110 km south of Thompson, Manitoba. I have been living in Brandon, Manitoba, while attending Brandon University (BU) for the past 5 years during the months of April, May, June, and July. Moving here was a big step for me, but it has been an important part of my personal and academic journey.

I am currently enrolled in the Bachelor of Education PENT program, working toward becoming a teacher. My long-term goal is to return to my community of Wabowden within Frontier School Division and contribute to education in meaningful ways. I want to create engaging, culturally relevant learning experiences for students and help support youth in reaching their full potential.

Outside of school, I enjoy staying active and involved. Some of my hobbies include sports, especially volleyball, badminton, and golf. I also enjoy spending time outdoors, whether it's fishing, camping, or just relaxing with friends and family. Being connected to the community both at home and in Brandon has always been important to me.

I've also been involved in education for quite some time, working as an Educational Assistant (EA) for several years and later as a PENT (Program for the Education of Native Teachers) student teacher. These experiences have shaped who I am as a future educator and reinforced my passion for teaching.

### Supports and Services at BU

During my time at Brandon University, several supports and services have helped me succeed academically and personally. One of the most impactful supports has been the PENT program. It has provided not only academic guidance but also a strong sense of community. Being surrounded by other students with similar backgrounds and goals made a huge difference in feeling supported and understood.

Additionally, BU offers helpful academic resources such as tutoring services, writing support, and access to instructors who are approachable and willing to help. I've found that building relationships with professors and asking for help when needed has been key to staying on track. Big shout-out to Ying Ying, who was my statistics tutor and played a huge role in helping me find success in that class. As well as Darrell Racine for his continued support in teaching students how to properly write papers with purpose and meaning behind them.

Your Student services, including counselling and wellness supports, have also been valuable. University can be stressful at times, and having access to these services helps maintain balance and well-being. Even simple things like study spaces, libraries, and peer support networks contribute to a positive learning environment.

Outside of BU, community connections in Brandon have also played a role. Whether it's connecting with friends, participating in local events, or staying connected with people from back home, those relationships help create a sense of belonging.

### A Positive Support Experience

One of the most meaningful supports in my journey has been the mentorship and encouragement I've received through my work and studies in education. Working as an EA before becoming a teacher gave me real-life classroom experience and allowed me to learn from experienced educators.

There have been specific teachers and mentors who took the time to guide me, offer advice, and push me to grow. Their belief in my abilities helped build my confidence and motivated me to pursue teaching as a career. They showed me what it means to be a supportive and effective educator, and I hope to carry those same qualities into my own classroom one day.

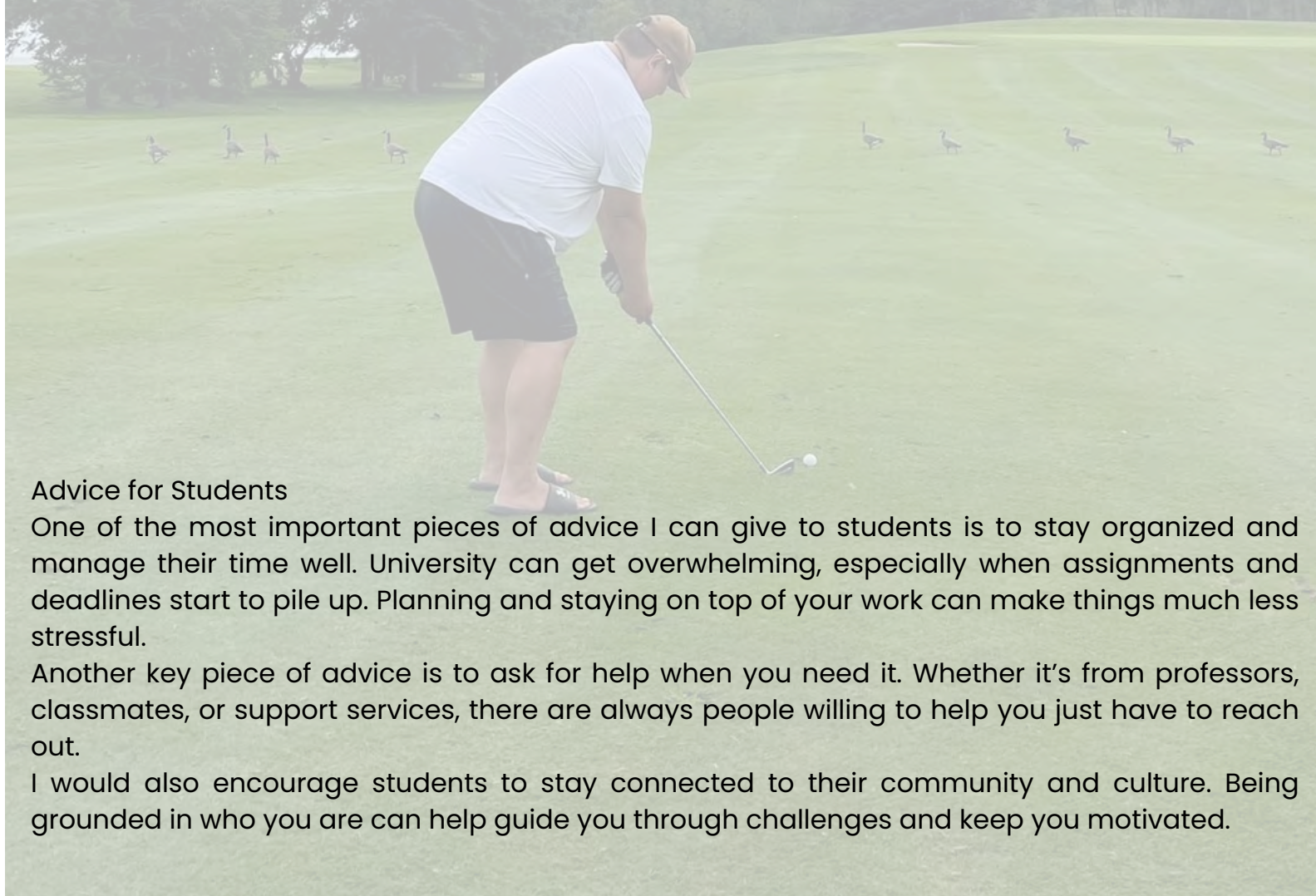
Another important source of support has been my peers. Going through the program together, sharing challenges, and celebrating successes has made the experience much more manageable and enjoyable. Having people who understand what you're going through makes a big difference.

### Advice for Students

One of the most important pieces of advice I can give to students is to stay organized and manage their time well. University can get overwhelming, especially when assignments and deadlines start to pile up. Planning and staying on top of your work can make things much less stressful.

Another key piece of advice is to ask for help when you need it. Whether it's from professors, classmates, or support services, there are always people willing to help you just have to reach out.

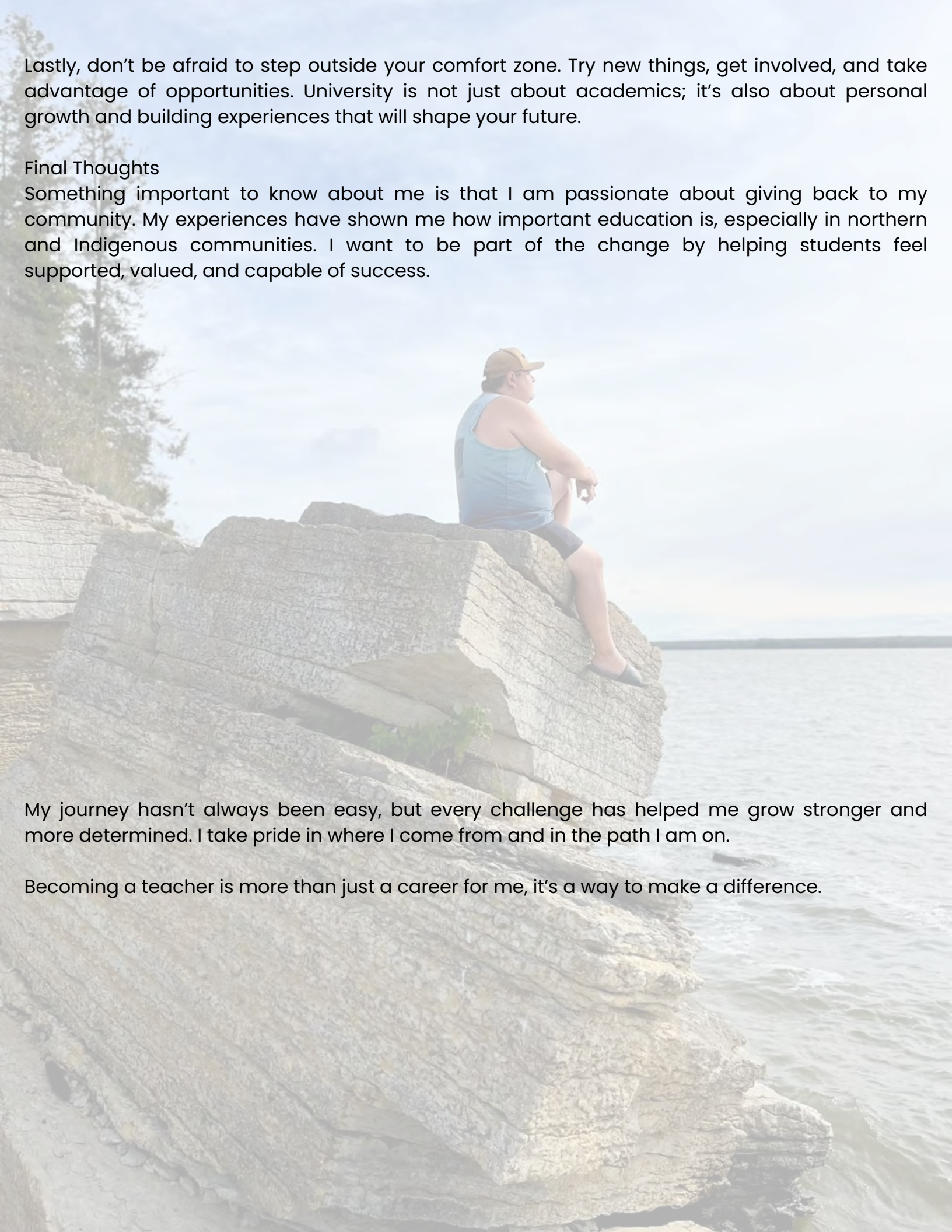
I would also encourage students to stay connected to their community and culture. Being grounded in who you are can help guide you through challenges and keep you motivated.



Lastly, don't be afraid to step outside your comfort zone. Try new things, get involved, and take advantage of opportunities. University is not just about academics; it's also about personal growth and building experiences that will shape your future.

### Final Thoughts

Something important to know about me is that I am passionate about giving back to my community. My experiences have shown me how important education is, especially in northern and Indigenous communities. I want to be part of the change by helping students feel supported, valued, and capable of success.



My journey hasn't always been easy, but every challenge has helped me grow stronger and more determined. I take pride in where I come from and in the path I am on.

Becoming a teacher is more than just a career for me, it's a way to make a difference.

## Brandon University Professor Launches Podcast Exposing the Stolen Scientific Legacy of Indigenous Peoples

Stolen Science, hosted by Dr. Darrell Racine, reveals the hidden Indigenous knowledge behind two centuries of Western European scientific discovery

Dr. Darrell Racine, Professor Emeritus of Native Studies at Brandon University and a Métis scholar from the Turtle Mountains of Southwestern Manitoba, has launched Stolen Science, a new podcast series that uncovers the largely unacknowledged contributions of Indigenous peoples to Western European science between 1670 and 1870. The series is now available on YouTube and major podcast platforms.

The culmination of Dr. Racine's doctoral thesis, completed at the University of Oxford, Stolen Science argues that Indigenous knowledge was systematically extracted from communities across Western Canada and woven into European scientific frameworks without acknowledgment or credit. Far from being passive participants in the fur trade, Indigenous peoples were active contributors to the scientific and cultural development of the Western world, a history Dr. Racine contends has been deliberately obscured.

Aimed at both Indigenous youth and academic researchers, the podcast offers a new framework for understanding Indigenous history and for conducting research that treats Indigenous peoples as equals rather than footnotes. The series also addresses the ongoing consequences of this erasure, including the persistence of racist narratives in mainstream academic and public discourse.

The debut episode introduces the podcast's central thesis and challenges common arguments used to deny Indigenous rights in Canada, critiquing a recent National Post article that claimed Canada was not stolen from Indigenous peoples. Upcoming episodes will examine the intimate relationship between British Imperial Science and the Hudson's Bay Company, and trace how Indigenous knowledge was extracted from Western North America and absorbed into the scientific institutions of Europe.

Stolen Science: The Need for a New History:

<https://www.youtube.com/watch?v=j5Uv1Bw5RX4>





"Indigenous people contributed far more to Western European science and culture than most history books acknowledge. This podcast is for Indigenous youth, so they can understand what their ancestors gave to the world, and so they can ensure their rights and their communities are protected going forward. Historians have missed a very critical part of history, and it is time that changed."

- Dr. Darrell Racine, Host, *Stolen Science*; Professor Emeritus, Department of Native Studies

"Working with Dr. Racine on *Stolen Science* has been a privilege. This project brings an essential and long-overdue perspective to light, and I am honoured to help bring it to audiences."

- Rochelle Douris, Producer, *Stolen Science*; Contract Academic Staff, Department of English, Drama & Creative Writing

"Dr. Racine's scholarship represents exactly the kind of transformative, community-centred research that Brandon University's Faculty of Arts strives to support. *Stolen Science* brings the rigour of doctoral research to a broad public audience in a way that is both accessible and urgently needed. This podcast will change the way people understand the history of science, and the history of Canada."

- Dr. Gregory Kennedy, Dean of Arts, Brandon University

"*Stolen Science* is a powerful example of the kind of knowledge mobilization we strive for at Brandon University, rigorous, original research that reaches beyond the academy and into the communities that need it most. Dr. Racine's work challenges us to rethink the foundations of Western science and to ask hard questions about whose contributions have been counted and whose have been erased. We are proud to see this scholarship brought to life in such an accessible and compelling form."

- Dr. Bernadette Ardell, Vice-President, Research & Graduate Studies, Brandon University



### About Dr. Darrell Racine

Dr. Darrell Racine is a Métis scholar, playwright, and Professor Emeritus in the Department of Native Studies at Brandon University. He holds degrees from Harvard University, Cambridge University, Brandon University, and the University of Oxford, where he completed his doctorate. His research interests include Indigenous self-government, Aboriginal health, museology, and the history of Indigenous contributions to Western science. He is also an award-winning playwright whose works, co-written with Dale Lakevold, include *Misty Lake*, *Stretching Hide*, *Owl Calling*, *Franklin's Fate*, and *She-She Quois Rattle*, a cycle of plays exploring Indigenous culture and history in Canada. He lives in Brandon, Manitoba.

### About Rochelle Douris

Rochelle Douris is Contract Academic Staff in the Department of English, Drama & Creative Writing at Brandon University. Originally from Saskatoon, she holds a BFA from Concordia University and an MFA from the University of Florida. She has taught acting and directed professionally for over twenty years, with a focus on developing compassionate, socially aware artists who respect theatrical traditions while pushing creative boundaries.

# Student Spotlight

## Jayleen Flett



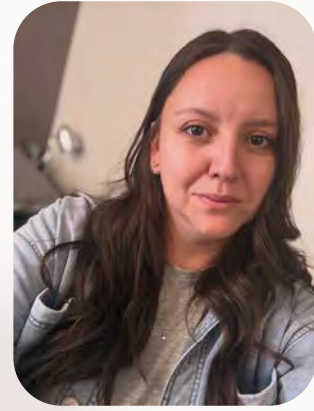
My name is Jayleen Flett. I am a 37-year-old Métis woman with both Ojibway and Cree roots, from the small Metis community called Manigotogan. It is located on the east side of Lake Winnipeg. It is part of the M.A.S.H. area, alongside Aghamiing, Seymourville, and Hollow Watter First Nation. I am a proud Mama to my son Cairo, and wife to my husband Brett. I am one of six children born to Bruce and Brenda Boulette. The love and support I grew up with and have within my own family continue to guide and shape the person I am today.

I am currently in my fifth and final year here at Brandon University's PENT program. But my journey in education started in 2012 as an Educational Assistant at Wanipigow School (Hollow Water). Throughout the years, I was encouraged by many peers to try out for PENT. It wasn't until I was on maternity leave that I finally took that step and applied. As I looked at my son, I knew I wanted more for him and wanted to show him how important education is. I believe this is something many past and current parents in PENT strive for with our children. We are their first teachers. We show and teach them how to carry themselves in this world. I wanted to show him that hard work and determination can lead you to Mino-Bimaadiziwin (the good life). It was a difficult first step, as he was only 11 months old when I first came to Brandon. Now that he is 5 years old, leaving does not get any easier. He is old enough to express his feelings by telling me when he doesn't want Mommy to go or that he misses me.

**But he also tells me, "Mommy, good job," which means everything to me.**

My husband and son are my greatest supports and my biggest encouragers. I am fortunate that home is only a four-hour drive, which allows me to travel back and forth most weekends. Being away from family is not a struggle I experience alone. I know many students spend weeks or even months before they are able to return home to visit. I hold the words "it's a short-term sacrifice for a long-term gain" close to me, because while it is tough to be away, this program is opening new doors and providing me with a wealth of knowledge and skills that I will bring back to share with my community.





This program and university offer a level of support that isn't always available elsewhere. It begins with the orientation. This is where you are introduced and prepared for what is to come. This includes writing & math sessions, familiarizing us with the academic, cultural, and mental health supports offered, and becoming acquainted with the students you will start this chapter with. This plays a major role in my success here. I have met some of my greatest supporters here. My mains know who they are. Having an amazing support system back home and having one woven here has made this place feel like a second home. It made challenges feel lighter and every success more meaningful.

My advice I would like to share with students is not to shy away or be afraid to ask for help. This program and all the people connected to it are here to support you, guide you and genuinely want to see you succeed.

As I am nearing the finish line of gaining my Bachelor of Education & Art degrees, I hope to teach back home. I began this journey with Wanipigow School and would love to return to share what I have learned here and represent as an Indigenous educator to our youth.



# May Beading

with

Métis Elder Joan Church &  
Métis Inclusion Coordinator Nicole Braun

**Mondays**

**&**

**Wednesdays**

12pm-2pm

202 Clark Hall

All skill levels welcome!!

*\*\*All Materials Provided by MMF\*\**

nicole.braun@mmf.mb.ca



# MMIWG WALK

MAY 5TH, 2026  
Brandon Manitoba  
Gathering at 11:00 AM  
Brandon University

*Jingle Dress Healing Dance*  
**at Princess Park**

- ★ Calling All Jingle Dress Dancers ★
- ★ Calling All Drummers ★

**Feast to Follow**

Routes - Main Walk is Brandon University, 18th St, Victoria Ave,  
Split Between 9th St & 8th St, **Princess Park**

Shorter Walk is Princess Park, 9th St, Louise Ave, 8th St -  
Join the Main Walk to **Princess Park**



**2026 Moose Hide Campaign Day- Virtual Livestream in the Indigenous Peoples' Centre**

**Thursday, May 14, 2026**

8:00 a.m. – 9:30 a.m.                      Opening Plenary – Keynote Address Niigaan Sinclair

*Virtual Workshops will be aired in IPC*

9:45 a.m. – 10:30 a.m.                      The Physical and Spiritual Benefits of Fasting

11:00 a.m. – 12:30 p.m.                      Rally to End Violence

3:00 p.m. – 4:15 p.m.                      H.O.P.E (Healing, Overcoming, Passion, and Empowerment)  
Personal Development Workshop

Free Moose Hide Pins can be picked up in the Indigenous Peoples' Centre.  
For more information on the Moose Hide Campaign visit the Indigenous Peoples' Centre.





MOOSE HIDE  
CAMPAIGN  
CAMPAGNE  
MOOSE HIDE

# MOOSE HIDE CAMPAIGN DAY

## HELP END VIOLENCE AGAINST WOMEN AND CHILDREN

On May 14, 2026 join Indigenous and non-Indigenous Canadians from across Canada to support reconciliation and help end violence against all women and children.

Moose Hide Campaign Day is a day for connecting, learning and sharing, where you can hear from inspiring speakers, share experiences and join workshops. It's a day of ceremony where we invite you to fast with us from sunrise to sunset in our [#FastToEndViolence](#). Tune into the livestream or join us for our in-person Workshops and [#WalkToEndViolence](#) in Victoria, BC.

Supporters are encouraged to wear and share the moose hide pins on the day (and every day!) and organize events with their organizations, schools or communities. Fasters will be supported on their fasting journey throughout the day.

Events are free for anyone to attend.

Learn more at [moosehidecampaign.ca](http://moosehidecampaign.ca)

LEARN  
MORE



[info@moosehidecampaign.ca](mailto:info@moosehidecampaign.ca)  
378-400-5780





# Food Resources

Community Wellness Collaborative

**BRANDON FOOD PROGRAMS – Weekly Calendar | Updated DEC 2025** *Information is subject to change.*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>LUNCH</b> <b>Bear Clan</b> 1:30pm – 3:00pm Downtown Mobile (no set location)	<b>BREAKFAST</b> <b>Women's Resource Centre</b> 9:30am -Noon Women & children only	<b>TO-GO BAGS</b> <b>Women's Resource Centre</b> 9:30am -Noon Women & children only	<b>BREAKFAST</b> <b>Women's Resource Centre</b> 9:30am -Noon Women & children only	<b>TO-GO BAGS</b> <b>Women's Resource Centre</b> 9:30am -Noon Women & children only	<b>BREAKFAST</b> <b>Women's Resource Centre</b> 9:30am -Noon Women & children only	<b>LUNCH</b> <b>7th Street HAC</b> Sandwiches 11:30am - 1:00pm
<b>LUNCH</b> <b>Love in the City Ministries</b> 1:00-3:00pm	<b>BREAKFAST</b> <b>Men's Resource Centre</b> 9:00-10:00 am Program Participants	<b>LUNCH</b> <b>Helping Hands</b> 11:30am - 1:00pm	<b>BREAKFAST</b> <b>Men's Resource Centre</b> 9:00-10:00 am Program Participants	<b>LUNCH</b> <b>Helping Hands</b> 11:30am - 1:00pm	<b>BREAKFAST</b> <b>Men's Resource Centre</b> 9:00-10:00 am Program Participants	<b>DINNER</b> <b>Salvation Army</b> Princess Park 4:30pm
<b>LUNCH</b> <b>7th Street HAC</b> Sandwiches 11:30am - 1:00pm	<b>LUNCH</b> <b>Helping Hands</b> 11:30am-1:00pm	<b>HAMPERS</b> <b>Samaritan House</b> Monthly Hamper (or Weekly Kit for unhoused population) Register in person only Mon-Fri 10:00am-3:00pm Tues evening 4:00pm-5:30pm	<b>LUNCH</b> <b>Helping Hands</b> 11:30am - 1:00pm	<b>GROCERIES</b> <b>Food Rescue Grocery Store</b> Wed & Thurs 12:00-6:00pm Fri 1:00-6:00pm Sat 10:00-4:00pm Closed Sun-Tues	<b>LUNCH</b> <b>Helping Hands</b> 11:30am - 1pm	<b>OUTDOOR WATER BOTTLE REFILL STATIONS</b> Closed for the season until the Spring
<b>Ask Auntie Coffee Lounge</b> Mon-Fri 9:00 am -11:00 am 4:30 pm-7:00 pm Sat-Sun 11:00 am -7:00 pm	<b>COFFEE</b> <b>7th St. HAC</b> Tues & Thurs 9:00am - 11:00am <b>BFC Drop-In</b> Mon-Fri 8:30am-4:30pm	<b>HAMPERS</b> <b>St. Augustine's Church</b> Monthly on Wed 1:30pm -3:00pm Drop in basis. East door. 204-727-4728 <b>Salvation Army</b> Monthly on Wed. Call Tues to book 204-727-4334	<b>LUNCH</b> <b>Helping Hands</b> 11:30am - 1:00pm	<b>LIGHT MEAL</b> <b>Bear Clan - Mobile</b> Thurs. & Fri. 7:00pm - 9:00pm	<b>LIGHT MEAL</b> <b>Bear Clan - Mobile</b> Thurs. & Fri. 7:00pm - 9:00pm	<b>PHONE APPS FOR DISCOUNTED GROCERIES</b> Flashfood (Superstore) Food Hero (Safeway/Sobeys)

**Contact Information:**

Brandon Bear Clan: 603 Princess Ave 431-720-2327  
 Brandon Friendship Centre (BFC): 603 Princess Ave 204-727-1407  
 Ask Auntie (new location): 24-6<sup>th</sup> St 204-901-4049  
 Food Rescue Grocery Store: Town Centre parkade 204-727-1696  
 Helping Hands Soup Kitchen: 111 7th Street 204-727-4635  
 Love in the City Ministries: 302 8th Street 204-717-7744

Samaritan House: 820 Pacific Avenue 204-726-0758  
 The Women's Resource Centre: 1233 Rosser Ave 204-726-8632  
 Salvation Army: 9 Princess Avenue East 204-727-4334  
 (Food Truck location – Princess Park)  
 St. Augustine's Church: 327 4th Street 204-727-4728  
 7th Street Health Access Centre: 20 - 7th Street 204-578-4800

**Find the most up-to-date Brandon Food Calendar**  
 SOCIAL MEDIA @CWCBRANDON CWCBRANDON.CA  
 QR code for website

• CAMPUS CUPBOARD •



The BUSU Campus Cupboard is an initiative started in 2024 which aims to alleviate the issue of student hunger and food insecurity. The Cupboard provides preserved, dry, fresh, and frozen foods to those in need at a much lower price than supermarkets, and even the dollar store. Several free offerings will also be available to those who most need it.

The Cupboard is located in the BUSU Main Office.

BUSU Office Hours: Monday-Friday 8:30am - 4:30pm

Email: info@busu.ca Phone: (204) 727-9660

# **Mondays**

**Mondays**

**Drumming**

**3:30-4:30 pm**

**&**

**Cree Language Circle**

**5-6 pm**

with Cree Knowledge Keeper

Open to BU students, faculty and staff  
and All Brandon Community

**Indigenous Peoples' Center  
at BU**

*Come listen,  
Come sing,  
Come learn*



# Tuesdays



## BEADING BABES

Tuesdays

5:30 pm



**We invite all students, faculty and staff  
Beginners and experienced beaders are  
welcome**

**Supplies provided by the IPC**



# Thursday



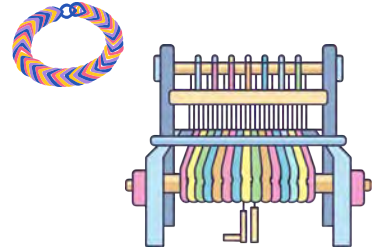
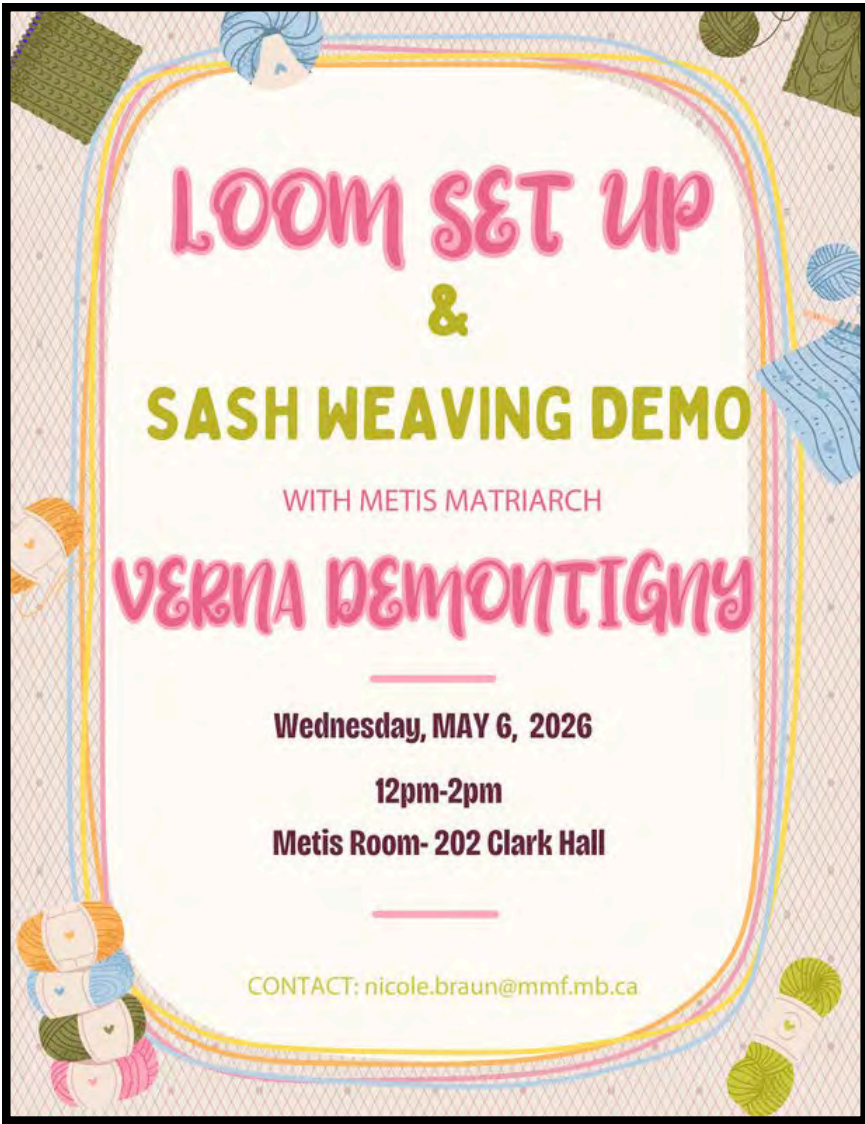
## Guitar Club

**THURSDAYS 1-2 PM  
IN IPC**

**NEW & EXPERIENCED PLAYERS  
WELCOME**

**OPEN TO BU STUDENTS, FACULTY &  
STAFF**





Last months Crib Night winners ! 1<sup>st</sup> Ethen, 2<sup>nd</sup> Kaydenace, 3<sup>rd</sup> Laine.





# CALLING DRUMS AND DANCERS

for Our Journey - Indigenous Student Success Celebration

**MAY 22** Grand Entry at 11 a.m. | Powwow till 3:30 p.m.  
Dancers register at the event at 9:30 am  
Honorariums, food and water provided

Limit of 6 drums (minimum of 5 drummers each)  
Drums to register in advance at [Moodye@BrandonU.ca](mailto:Moodye@BrandonU.ca)

In partnership with:



[assiniboine.net/journey2026](http://assiniboine.net/journey2026)



# CALLING MÉTIS, FIRST NATION AND INUIT CRAFTERS/ VENDORS

for Our Journey - Indigenous Student Success Celebration

**MAY 22** NO SETUP COST  
Details of the setup will be relayed upon registration

Register before April 30th with Suelee at [Inness@brandonu.ca](mailto:Inness@brandonu.ca)

In partnership with:



[assiniboine.net/journey2026](http://assiniboine.net/journey2026)

**SAVE THE DATE**




Join Us In Celebrating  
Indigenous Student Success at

# OUR JOURNEY


May 22, 2026  
Riverbank Discovery Centre

We will celebrate First Nation, Métis and Inuit student achievement in education. Students will be honoured through ceremony and tradition.

Featuring a Performance by Metis Dance Group  
**MÆGGHAN BRAMBLEY**  
**MEMORIAL STEPPERS**



Sponsored By : Manitoba Métis Federation Education Department




# CALLING LOCAL FOOD TRUCKS

for Our Journey - Indigenous Student Success Celebration

**MAY 22** NO SETUP COST  
Details of the setup will be relayed upon registration

Register before April 30th with Suelee at [Inness@brandonu.ca](mailto:Inness@brandonu.ca)

In partnership with:



[assiniboine.net/journey2026](http://assiniboine.net/journey2026)



## **Indigenous mental health**

Find programs and services that support mental health in Indigenous communities and learn about suicide prevention.

### **Services and information**

#### [Hope for Wellness HelpLine](#)

Offers immediate help for all Indigenous peoples across Canada 24 hours a day, 7 days a week. Call [1-855-242-3310](tel:1-855-242-3310) or chat online at [hopeforwellness.ca](http://hopeforwellness.ca).

#### [Mental health and wellness in First Nations and Inuit communities](#)

Understand positive mental health and the factors that can influence it. Access programs and services to improve your mental health and help prevent suicide in Indigenous communities.

#### [Mental health counselling benefits for First Nations and Inuit](#)

Get information on counselling benefits. Find out what is covered, how to access services and how providers can register to offer services.

#### [Suicide prevention in Indigenous communities](#)

Find out about suicide prevention and mental wellness services for Indigenous communities.

#### [Missing and Murdered Indigenous Women and Girls Health and Cultural Support Program](#)

Cultural and emotional support services and mental health counselling for Survivors, their family members, and Indigenous People affected by the issue of Missing and Murdered Indigenous women, girls and 2SLGBTQI+ people.

#### [Indian Residential Schools Resolution Health Support Program](#)

Cultural and emotional support services, and mental health counselling for residential school Survivors, their families and intergenerational Survivors.

Deidre Gregory  
Indigenous Counsellor, Indigenous Peoples' Centre  
Indigenous Initiatives Brandon University  
270 – 18<sup>th</sup> Street | Brandon, MB R7A 6A9  
204-727-9623 [GregoryD@BrandonU.ca](mailto:GregoryD@BrandonU.ca)



# ACADEMIC SUPPORTS

## IPC DROP-INS



Rainer S

### LIBRARY/RESEARCH HELP

**THURSDAYS**

**11AM-12PM**

*Knowledge  
is  
Power*

*'stay \*  
focused*

*Practice  
makes  
PROGRESS*

*Keep  
learning*



Alex B

### ACADEMIC ADVISING

**CONNOR - TUESDAY 1-3 PM**

**ALEX - WED 10 AM-12 PM**

**\*\*MAY VARY**

### WRITING SKILLS

**WEDNESDAYS**

**10AM-12PM**

hi



Joan G



Connor T

### LEARNING SKILLS

**TUESDAY & THURSDAYS  
10 AM - 12 PM**

**MATH SUPPORT IN  
STUDENT SERVICES**

$$(x^a)^b = x^{a \cdot b}$$

**AIM  
HIGHER**  
*YOU CAN DO IT*

**BUILD  
SKILLS**




Jaime T


Times may change. Come into IPC to check our calendar



Our Indigenous Student Collective (BUISC) is joining the City of Brandon's Spring Community Clean-Up Day, and we'll be right here on Brandon University's campus taking care of the clean up!

 17 Thursday, May 7th

 1:00–3:00 PM

 Brandon University Campus  
 come out, connect with us, and help make our campus a little better. Prizes, refreshments, and good company included! 🏆  
 Email [dysartcr86@brandonu.ca](mailto:dysartcr86@brandonu.ca) to register or for more info.  
 Walk-ups also welcome!



**City of BRANDON Downtown Spring COMMUNITY CLEAN-UP DAY**

Calling all community volunteers to help clean up our downtown!  
**RAIN OR SHINE**

**Sign up here:**

 Walk-ups welcome!

**Thurs, May 7<sup>th</sup> | 1:00-3:00 PM** | **PRINCESS PARK**

**PRIZES**

- Best Dressed Team
- Most Garbage
- Best Picture

**REFRESHMENTS PROVIDED**

For more info contact:  
 1 (204) 729-2120  
[housingandwellness@brandon.ca](mailto:housingandwellness@brandon.ca)



**INDIGENOUS EDUCATION AWARDS**

**FINANCIAL AWARD**

**APPLY BY MAY 31**

The Indigenous Education Award provides **\$3,000** to support Indigenous students attending university or college in Manitoba.

**SCAN FOR MORE INFO & TO APPLY ONLINE**

 Administered by:  
**BUSINESS COUNCIL of MANITOBA**

[businesscouncil.mb.ca/indigenous-education-awards](http://businesscouncil.mb.ca/indigenous-education-awards)



a sneak peek of some of the vendors, crafters and food trucks that will be attending

**OUR JOURNEY**

Omani Unkitawapi | Nutr Vayaazh  
 Kii-B'baamaadiziininan | Nininan Pimachoulin

**Celebrating Indigenous student success**  
 Uumungpa kuurud unangine estiwite

**Metis Shop**

**Rooted Wild Victoria**

**A & V Beading**

**Sullivan's DELIGHTS** BEST IN TOWN

**Los Brothers** RESTAURANT, CATERING AND FOOD TRUCK BRANDON, MB

**A TEA LOVE** love at first sip!

**Dragonfly woman designs**

**absolutely**

**assiniboine.net/journey2025**

In partnership with:  
**BRANDON UNIVERSITY** **ASSINIBOINE COLLEGE**



*Learn  
and  
Grow*



# WORD OF THE MONTH

## Success

CREE- Ka ski ho win

DAKOTA- Hpecasni

MICHIF- Minu moan oh

ANISHINAABE- Jiikakamigad



**The monthly basket is made possible by donation,  
Thank you for continuing to make this possible :)**

**Congratulations to Linden Haubrick  
winner of the April basket**

**Pink Moon- Awakening, Alignment, & Forward Motion**

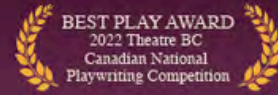
**Next Draw will be May 26 12pm**

# MAY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Mental Health Awareness Month	Advising walk in Alex 10-12pm	
	3 Drummine 3:30 pm Cree Language 5pm Beading 12-2pm	4 Advising walk in Connor 1-3 pm MMIWG Walk 11:00 a.m.	5 Beading 12-2pm Loom Set and Sash Weaving	6 Guitar Club 1-2pm Community Clean-Up BUISC 1-3 pm	7 Advising walk in Alex 10-12pm	8 9
10 Drummine 3:30 pm Cree Language 5pm Beading 12-2pm	11	12 Advising walk in Connor 1-3 pm	13 Beading 12-2pm	14 Moose Hide Campaign Livestream 8:-4:15 p.m. Guitar Club 1-2pm	15 Advising walk in Alex 10-12pm	16
17 Victoria Day - CLOSED Drummine 3:30 pm Cree Language 5pm	18	19	20 Beading 12-2pm	21 Guitar Club 1-2pm	22 Our Journey 9:30a.m.-3:30 pm	23
24 Drummine 3:30 pm Cree Language 5pm Beading 12-2pm	25	26	27 Beading 12-2pm	28 BU Convocation 10am & 2pm Guitar Club 1-2pm	29 BU Convocation 10am & 2pm	30
31						

**NOTES/TO DO:**

Root Sky Theatre Company in Association with Theatre Incarnate



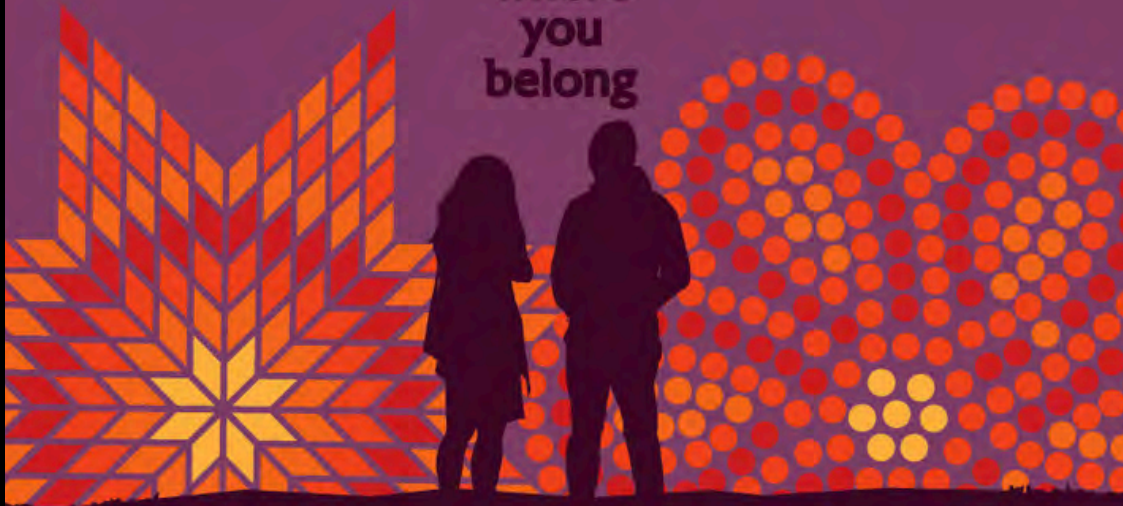
# Rattle

## A Sixties Scoop Play

DARRELL RACINE & DALE LAKEVOLD

DIRECTED BY CHARLENE VAN BUEKENHOUT & CORY WOJCIK

Finding  
where  
you  
belong



### JUNE 3-7, 2026

7:30 pm nightly (JUNE 3-6) / 2:00 pm matinee (JUNE 6 & 7)

Sharing Circle for Survivors & Those Affected

June 3-5 (2 - 4 pm) / June 6-7 (10 am - 12 noon)

### ASPER CENTRE FOR THEATRE AND FILM

400 Colony St. Winnipeg, MB

ADMISSION:

\$25 REGULAR

\$35 IF YOU CAN

\$10 LIMITED INCOME



Scan to purchase  
advance tickets

[RootSky.ca](http://RootSky.ca)



Funding from the program is through a generous gift from  
The National Sixties Scoop Healing Foundation of Canada.

We acknowledge the support of the Canada Council for the Arts. This project was funded by the Manitoba Arts Council. Further funding and assistance from the following at Brandon University: Rowe Foundation, Professional Development Assistance Fund, Faculty of Arts PDA Pool, Faculty of Arts, and the Faculty of Arts Dean's Office. Additional support from the WS and Clara Lakevold Estate. We are grateful to the Riverton & District Friendship Centre for their sponsorship and support. In agreement with Canadian Actors' Equity Association.



Transportation Provided

First Come, First Serve

Contact: Suelee at [InnesS@brandonu.ca](mailto:InnesS@brandonu.ca)

to reserve your spot

Do you have  
something you  
would like to  
share in “The Tea”  
next month?  
Let us know !



Contact [IPC@brandonu.ca](mailto:IPC@brandonu.ca)

Courtesy of...



**THANK YOU!  
MIIGWECH!  
WOPIDA!  
MARRSII!  
KINANASKIMOTIN!  
NAKURMIIK!  
MAŠI CHOK!**

