

2022-2023

# Manitoba International Student Health Plan (MISHP)

## What is MISHP?

International students studying in Manitoba are required to have primary health coverage.

In response, Studentcare, Manitoba Blue Cross, and your university are proud to offer MISHP, a plan designed to provide you and your dependants with medical coverage both in Manitoba and throughout Canada.

## What's covered?

- Physician/surgeon
- X-rays/lab testing
- Prescription drugs
- Chiropractic services
- Hospital services
- Medical equipment
- And more...

## Virtual Health Care



A telemedicine service that virtually connects you with nurses and physicians from anywhere in Canada

Provided by **Dialogue**

## How much does it cost?

The cost of the plan is assessed by term, at point of registration. You will pay it with your tuition fees.

For undergraduate, graduate, and English Language Centre program students, costs are as follows:

- **Fall 2022:** \$344 (coverage from Sept. 1 – Dec. 31, 2022)
- **Winter 2023:** \$688 (coverage from Jan. 1 – Aug. 31, 2023)
- Newly admitted **spring/summer 2023** students: \$344 (coverage from May 1 – Aug. 31, 2023)

## Family enrolments

You can enrol your spouse, and/or dependants under the age of 18, by completing an enrolment process at [mishp.ca](http://mishp.ca) and paying an additional fee within 30 days following the start of an academic term. Visit [mishp.ca](http://mishp.ca) for more details.

## Who's covered?

Both new and returning eligible undergraduate and graduate international students are covered by MISHP.

## Coverage card

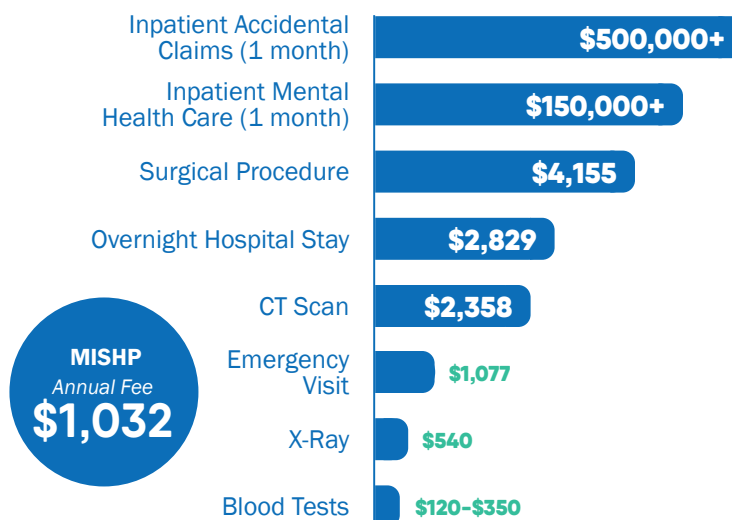
Once you're confirmed as registered, look out for your Coverage Card, which will be emailed directly to your student email address and must be presented when receiving medical care.

If you lose your card, you can request a new one at [mishp.ca](http://mishp.ca) under "Coverage."

## Opting out

If you have comparable coverage—for example, if you have Manitoba Health coverage through a spouse or if you are already covered by MISHP because you took a course at another institution—you can request an opt out. Opt outs are managed by the administrator. Learn more at [mishp.ca](http://mishp.ca).

## MISHP vs. Average Costs of Health-Care Services\* in Manitoba



\*Hospital rates listed are as provided by Victoria General Hospital and University Health Services (UManitoba) and are subject to change.



Questions?  
[mishp.ca](http://mishp.ca)

Scan the QR code for more details on your Plan.

