



Poster Presentations

THURSDAY

12:30 PM – 1:00 PM

EP-01

Launching Project ECHO to increase capacity for mental health and addiction care in Manitoba

EP-02

The impact of family functioning on young adults' mental health: The mediating influences of coping and emotion regulation strategies

FRIDAY

1:00 PM – 1:30 PM

EP-03

Substance misuse in prenatal, perinatal, and postnatal periods

EP-04

The importance of trauma-informed care in maternity and pediatrics

Concurrent Sessions

DAY 2 - THURSDAY APRIL 25

SESSION ONE

10:30 AM - 12:00 PM

Building Hope and Connection through Post-Secondary Education (Block 1)

Building Hope and Connection Across Populations: Young Adults (Block 1)

Building Hope and Connection Across Populations: Indigenous Peoples

10:30 AM
11:00 AM

OIP-17
Effectiveness of a resilience course in developing resiliency and reducing depression, anxiety, stress and post-traumatic stress among nursing and psychiatric nursing students.

OIP-30
Coming into mindfulness: A practice of relational presence to cultivate compassion in one rural school.

SYM-01
A warrior's red road: Healing and hope through connecting to culture.

11:00 AM
11:30 AM

OIP-23
A Fine Balance: Students with anxiety and mood disorders describe the factors that support and hinder their academic success in post-secondary education.

OIP-20
Impact of family-of-origin functioning on mental health and loneliness in young adults: The influence of attachment style.

11:30 AM
12:00 PM

OIP-22
Exploring microaggression and cultural competency from nursing students' perspectives.

OIP-08
Mental health within high schoolers

OV-03
Words of wisdom from three sisters: Indigenous perspectives on eating disorders

SESSION TWO

1:00 PM - 3:00 PM

Building Hope and Connection through Post-Secondary Education (Block 2)

Building Hope and Connection through Innovation: Rural Mental Health Programming

Nature and Art Based Approaches to Mental Health

1:00 PM
1:30 PM

OIP-28
The power of belonging: Strategies to support Brandon University students' sense of belonging

OIP-11
Non-forced care as a harm reduction approach to violence prevention in long-term residential care

OIP-25
Using horticultural therapy to support post-secondary student mental health

1:30 PM
2:00 PM

OIP-05
Undergraduate peer mentorship: Building relationships and enhancing interpersonal skills

OIP-24
Strive to thrive program

OIP-29
Exploring the therapeutic use of expressive arts in a withdrawal management setting

2:00 PM
2:30 PM

OIP-12
Sensory processing sensitivity on the prairies

OIP-08
Protecting and enhancing our greatest resource in healthcare: A mental health promotion project in Erickson District Health Centre

OV-02
Exploring patient perceptions regarding the therapeutic use of art in mental health recovery

No presentation scheduled

OV-05
Bridging gaps in access: Rural virtual crisis mental health services

OIP-14
Healing rural health systems: Evaluating the effectiveness of composite narratives in mobilizing knowledge

Concurrent Sessions

DAY 3 – FRIDAY APRIL 26

SESSION THREE

10:30 AM – 12:30 PM

Building Hope and Connection through Innovation: Acute Mental Health Care

OIP-31

The search for hope: Sharing experiences of violence for acute care mental health nurses

10:30 AM
11:00 AM

OIP-02

Mental health consumer experiences leading to mental health hospitalisation in a rural or regional Australian setting

11:00 AM
11:30 AM

OIP-06

Recovery-oriented practices in acute care mental health settings

11:30 AM
12:00 PM

OIP-04

Suicide prevention: Rural perspectives in Canada

12:00 PM
12:30 PM

Building Hope and Connection through Innovation: Drug Use and Addictions

OIP-09

Nonmedical prescription drug use among Canadian Armed Forces veterans: Data from the CAFVMHS

OIP-27 / SYM-06

Lessons learned from a pilot of Mobile Rapid Access to Addictions Services in rural Manitoba

Building Hope and Connection Across Populations: Men

OIP-16

Men's sheds and mental health in rural communities: Exploring the benefits of a community-level program in Alberta

OV-01

Mental health of long-haul truck drivers: An unseen population driving through

OIP-21

Transformative Justice

No scheduled presentation

SESSION FOUR

1:30 PM – 2:30 PM

Building Hope and Connection through Innovation: Housing

SYM-03

Unstable housing in rural Manitoba: Challenges and solutions

1:30 PM
2:30 PM

Building Hope and Connection through Post-Secondary Education (Block 3)

SYM-04

A panel discussion: Research findings and recommendations to support the mental health of students and new nursing graduates in Manitoba

Building Hope and Connection Across Populations: Young Adults (Block 2)

SYM-05

Risk and resiliency factors for young adults during COVID-19 transitions

SESSION FIVE

3:00 PM – 4:30 PM

Building Hope and Connection Across Populations: New Immigrants & Refugees

OIP-10

Mental well-being among first generation university students in Canada

3:00 PM
3:30 PM

OV-06

A trauma informed mental health outreach program for newly arrived refugees: Insights from an early psychoeducational program for Afghani refugees in Edmonton

3:30 PM
4:00 PM

OV-04

Navigating mental health support for refugees: Unpacking global lessons to explore ways to support community mental health together in a Canadian prairie context

4:00 PM
4:30 PM

Messages of Hope and Connection

OIP-13

How do rural older adults negotiate resilience and well-being during a year of adversity

OIP-07

Healing the hurt: Messages from victims/survivors of sexual violence on how to recover, cope, and find hope

OIP-26

Fostering hope and connection through compassion and understanding (lived experience)

Building Hope and Connection through Post-Secondary Education (Block 4)

OIP-03

The purpose of boundaries in a therapeutic relationship

SYM-02

Coping strategies used by psychiatric nursing students and their relationship with stress levels and general health