

# Invitation to Participate in Research

**Are you a youth, parent/caregiver, or educator interested in discussing everyday experiences of student learning and mental health?**

Our everyday has suddenly changed. We are wondering how students are impacted by classroom suspensions (or social distancing directives) and home learning?

## In-Depth Case Studies of Families and Educators Exploring Youth Learning and Mental Health

The purpose of this study is to learn more about positive youth development. This means focusing on strengths and the different ways people use resources. Participant accounts will inform the understanding of how families and schools work together to support both the academic and mental health of students.

### What is this study about?

- Learning about the ways schools and families work together to collaborate and support students
- Understanding youth, parent/caregiver, and teacher perspectives related to learning challenges and mental health concerns.
- Highlighting the collaborative response efforts of individuals, families, and schools during imposed COVID-19 home learning.

### What will I have to do?

- Interviews will be conducted with a member of the research team via telephone or video conference to explore the impact of learning and mental health concerns and what types of strategies and tools you have found to be helpful. Up to 60 minutes long.
- For your participation in this study, as a sign of appreciation, you will be given a \$20 gift card.

*This research has been approved by the Brandon University Research Ethics Committee*



### Are you eligible to participate?

- **Youth**
  - ✓ 12-18 years old
  - ✓ Attend MB public school
  - ✓ Experience challenges with learning
  - ✓ Feel mental health concerns (such as symptoms of anxiety)
- **Parent/Guardian**

**Have a child that is...**

  - ✓ 12-18 years or older
  - ✓ Attends MB public school
  - ✓ Experiences challenges with learning
  - ✓ Feels mental health concerns (such as symptoms of anxiety)
- **Educator**
  - ✓ Referred by the youth or parent/guardian
  - ✓ Teaches students ages 12-18 years old in MB public school

### Research Team:

**Breanna Lawrence, PhD**  
*Principal Researcher, Assistant Prof*  
Lawrenceb@brandonu.ca  
204-819-4322 (call or txt)

**Alexandra Paiva, BSc (hons)**  
*Graduate Student, Research Assistant*  
Paivaa54@brandonu.ca

**Contact a member of the research team directly to schedule an interview**