What can **YOU** do with a Psychology Degree?

## Psychological Practice: Information and Tips

Infographic based on a presentation by: Sally Payne, MASP, PsyD Student April 2021



## Types of Psychological Practice

Counsellor	Clinical Psychologist	Psychiatrist	Clinical Social Work	Psychiatric Nursing
Masters minimum, sometimes Doctorate	Doctorate (PhD, PsyD, etc.)	Medical school (MD), then residency in psychiatry	Bachelors and/or Masters	Bachelors and/or Masters

## Tips for Applying to Programs

- It's not all about academics (research and volunteer experience are VERY important)
- Clinical is extremely competitive, apply to multiple schools and do not be discouraged by rejection!
- Check out the CPA and CCPA websites (CPA has a mentorship program)
- Read up on program requirements (pre-reqs, GRE)
- Find potential supervisors and become familiar with their research, reach out to them
- Line up references in advance (& send reminders)
- · Reach out to other grad students you know!

## **Useful Resources!**

**Canadian Psychological Association** 

Web: <a href="https://cpa.ca/">https://cpa.ca/</a>

Canadian Counselling and Psychotherapy:

Web: <a href="https://www.ccpa-accp.ca/">https://www.ccpa-accp.ca/</a>

**BU Psychology Club** 

Email: <a href="mailto:bupsychclub@hotmail.com">bupsychclub@hotmail.com</a>

