

#### WHAT'S MORE

- Dr. Doug Ramsey's personal connection to rural and remote living has been an inspiration driving his work
- He has conducted and contributed to a variety of different research projects relating to agriculture, rural tourism, community condition
- Since 2000, he has occupied a variety of positions supporting the city of Brandon, the province in Manitoba, and within Brandon University
- He was a founding editor of the <u>Journal</u> of <u>Rural and Community Development</u>

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### **Highlighting Rural Researchers**

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## Dr. Doug Ramsey Department of Rural Development

#### GETTING TO KNOW DR. DOUG RAMSEY

Doug Ramsey is a professor and researcher in the Department of Rural Development here at Brandon University. He is originally from a small agricultural community in southern Ontario, and has gained a variety of rural and remote life experiences through working on various farms growing up, alongside his sister's married connection to agricultural life. These experiences inspired him to pursue an education and career focused on what it means to live and work rurally. More specifically, Doug has focused his work to reflect on how rural agricultural communities could persist for the future generations. At the University of Guelph, his research focused on the impacts of policy and economic condition on rural communities.

#### RESEARCH BACKGROUND

Doug was the first hire into the new Department of Rural Development at Brandon University in 1999. Soon after beginning research in his area of agricultural restructuring and diversification, leaders in these communities were asking questions about how tourism could support community economic development. With the assistance of Dr. Robert Annis, then the Director of the Rural Development Institute, Doug immersed himself within the world of national and international tourism research. This included the development of tourism courses for Brandon University, as well as cofounding and developing the <u>Tourism Research</u> <u>Centre</u> at BU in 2003. Alongside this, Doug also founded the Journal of <u>Rural and Community Development (JRCD) in 2005</u>, which focuses on sharing developmental research. The JRCD has been funded by SSHRC through four grants since 2011.

During the COVID-19 pandemic, Doug was asked by <u>Dr. Rachel Herron</u> to join in research projects related to rural and remote mental health and well-being. One of the first projects he began working on was the assessment of <u>"rural-dwelling older adults' experience of isolation and loneliness"</u> during the COVID-19 pandemic. These explorations into rural and remote mental health continued, leading to a variety of different projects and publications. 66

The opportunities for local development have increased exponentially.

#### ACKNOWLEDGEMENTS

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# SSHRC CRSH

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#### ONGOING RESEARCH AND CURRENT PROJECTS

One of the most recent projects Doug has been working on focused specifically on how the lack of mental health research within rural and remote communities has resulted in barriers to people, including their workplaces. One project came to fruition due to the contracting of the <u>Critical Studies of Rural Mental Health (CSRMH)</u> by the <u>Public Health Agency of Canada (PHAC)</u> to conduct a <u>deep-dive assessment into suicidality in rural and remote</u> <u>communities</u>. A second project examined barriers faced by front line healthcare workers in rural Manitoba during the Covid-19 Pandemic.

Doug is also currently working on two other research projects. First, he is collaborating with <u>Dr. Christopher Malcolm</u> and <u>Dr. Derrek Eberts</u> to <u>assess</u> the effects of COVID-19 on tourism and recreation in southern Manitoba. This project is funded through a SSHRC Partnership Grant and has three priority areas of inquiry: the increased interest in golfing; how families have been impacted by the participation in children's recreational hockey; and finally, how the COVID-19 pandemic has impacted museums in small towns.

With specific recognition to the working museums across southern Manitoba, Doug is interested in exploring how communities have been adapting to the changing economy and work forces in rural and remote areas. It is important to assess how communities can adjust to offer opportunities to engage with the public within the context of local tourism.

He is also working on a BURC-funded project focusing on community connections to food. This project takes place in Norfolk County, Ontario, his own home community and where his PhD research took place. Historically, 90% of Canadian tobacco was grown in four counties in Ontario, and most of that was in Norfolk. However, in the mid 2000s the Federal Government abolished the tobacco growers marketing board, and in doing so offered farmers a buy-out. At this time, many folks decided to adjust the scope of their farm operations or changed career paths all together. One result was an increase in agricultural diversification, including processing and direct marketing. This new interest in entrepreneurial explorations reinforced the importance of community networks due to the need to support local. The goal of the project is to create a food web outlining these local connections between agricultural production, processing and retail - and in particular, those connections that remain within Norfolk and bordering counties. This assessment into the unique connection to food and drink showcases community resilience in the southern Ontario region.

#### CONCLUDING REMARKS

There are so many new and emerging opportunities to explore the world of rural and remote living. With the variety of projects being conducted by researchers such as Doug Ramsey, it will be possible to further understand how local communities respond to change.

The Rural Development Institute is grateful to be affiliated with a variety of communities, agencies, academics and students across Canada and beyond. These relationships have facilitated the development of unique networks allowing for collaborative projects to take form, and RDI wants to extend its appreciation to all rural researchers.