

Safe Work Procedure

Version 1.0 PP-SWP-BSW-024

Physical Plant Working in Outdoor Conditions

Approved by:

Michael McCormick

Author: Michelle Augustyn

Reviewed by:

WSH Committee Member

First Approved: August 2017 Update by: March 2026

Reviewed: March 2023

Potential Hazards:					
Н	М	L	Risk for Injury		
		\boxtimes	Awkward / sustained postures		
		\boxtimes	Biological pathogens		
		\boxtimes	Chemicals		
		\boxtimes	Combustibles / flammables		
		\boxtimes	Electrical hazards		
\boxtimes			Extreme heat / cold		
		\boxtimes	Forceful exertions		
		\boxtimes	Material falling		
		\boxtimes	Moving machinery / parts		
		\boxtimes	Noise		
		\boxtimes	Pinch points		
		\boxtimes	Repetitive motions		
		\boxtimes	Sharp points / edges		
		\boxtimes	Skin compression		
		\boxtimes	Surfaces causing falls		
		\boxtimes	Traffic – Vehicle or pedestrian		
		\boxtimes	Two Person Job		
		\boxtimes	Vibration		
		\boxtimes	Violence / Psychological Hazard		
			Other		

<u>Risks:</u> Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your manager or supervisor immediately.

Equipment/Devices or PPE Required:						
☐ Head Protection	☐ Body Protection					
☑ Eye Protection	☑ Hand Protection					
☐ Ear Protection	☑ Foot Protection					
☐ Face Protection	☐ High Visibility Wear					
☑ Other Protection Dust Mask if required						
CSA approved safety eyewear; latex gloves;						
CSA approved footwear; CSA approved hearing						
protection; seasonal outer wear						
Required Training:						
☐ WHMIS						
☐ Task performed and reviewed by competent						
person						
☑ other associated BSW SWPs						

All employees shall be trained on required Safe Work Procedures (SWP) until competent. This will include a review of SWP documentation and hands-on training as required. Employees are responsible for performing the task in accordance with training, established health and safety regulations/guidelines, policies, and procedures. Managers, supervisors, or delegates will ensure all duties are performed in accordance with training, established health and safety regulations/guidelines, policies, and procedures.

NOTE: Additional Potential Hazards	
Insects/bug bites and animals/wildlife	

Steps to Perform This Task Safely:

Photo Instructions Pre-use Inspect and don all required PPE. Know the warning signs of frostbite / hypothermia and heat stress/heat Pre-use exhaustion. 1. Be aware of changing weather conditions and plan the work accordingly. Wear appropriate clothing for hot, cold, wet, and windy conditions, including 2. layers that can be adjusted to changing weather conditions. 3. Plan the work to include more micro breaks 4. Protect extremities including your head, ears, face, hands, and feet. Stay hydrated and/or drink warm/cold beverages as per the weather 5. conditions. Use a buddy system so that you can monitor one another for the effects of 6. hot/cold conditions. 7. Use appropriate footwear that is rated for the current temperature. 8. Keep feet dry, particularly when it is cold outside. 9. Do not allow yourself to overheat and sweat excessively. Do not remain indoors for long periods of time while wearing outdoor 10. clothing. Do not allow evaporative liquids (with low freezing temperatures) to contact 11. bare skin. Advise your supervisor of any pre-existing condition that could affect your 12. ability to work in the hot/cold. If you are working indoors, adjust your temperature if possible or adjust with 13. approved heaters/fans. During periods of hot weather, focus on lighter activities whenever possible 14. and leave physically demanding tasks for cooler periods. NOTE: Call 911 if a person appears to be in distress from thermal conditions. No ear buds / music or listening devices can be worn when operating **Prohibited** activities equipment.

If an emergency situation or equipment malfunction occurs while using the equipment, shut the unit off immediately and report to your supervisor. Report any hazardous situation to your supervisor / WSH Advisor.

Author:	Approved By: Michael McCormick	Reviewed By: WSH Committee
mo	mit men	OBindan

https://www.theweathernetwork.com/ca/weather/manitoba/brandon

Thermal Stress Guide -

https://www.safemanitoba.com/Page%20Related%20Documents/resources/thermal_stress_guide_2007.pdf

REFERENCES - WSH Act/Regulations -

https://www.gov.mb.ca/labour/safety/pdf/whs_workplace_safety_act_and_regs.pdf